

# Individual Best Times (All Time)

Ella Williams - (1519255) - City of Bristol SC

## Long Course

| Stroke           | LC Time | Converted to SC | LC WA Pts | Date     | Meet   | Venue         | Licence  | Level |
|------------------|---------|-----------------|-----------|----------|--|---------------|----------|-------|
| 50 Freestyle     | 34.62   | 34.00           | 317       | 02/04/23 | City Of Bristol L1 International Open Meet 2023    | Hengrove Park | SW230329 | 1     |
| 100 Freestyle    | 1:18.20 | 1:17.10         | 289       | 16/01/23 | Gloucestershire County Swimming Championships 2023 | Bristol       | SW230117 | 1     |
| 200 Freestyle    | 3:02.15 | 3:00.20         | 237       | 16/07/22 | City of Bristol Summer Festival                    | Hengrove      | SW220765 | 3     |
| 400 Freestyle    | 6:37.78 | 6:34.20         | 207       | 17/07/22 | City of Bristol Summer Festival                    | Hengrove      | SW220765 | 3     |
| 50 Breaststroke  | 46.15   | 45.50           | 252       | 15/01/24 | Gloucester County ASA Swimming Championships 2024  | Bristol       | SW240062 | 1     |
| 100 Breaststroke | 1:44.07 | 1:42.80         | 233       | 15/06/24 | City of Wells Open Meet 2024                       | Millfield     | SW240551 | 3     |
| 200 Breaststroke | 3:43.34 | 3:41.00         | 233       | 16/06/24 | City of Wells Open Meet 2024                       | Millfield     | SW240551 | 3     |

## Short Course

| Stroke                | SC Time | Converted to LC | SC WA Pts | Date     | Meet   | Venue          | License  | Level |
|-----------------------|---------|-----------------|-----------|----------|--|----------------|----------|-------|
| 50 Freestyle          | 33.91   | 34.50           | 309       | 29/10/23 | City of Bristol L3 Halloween Spooktacular 2023   | Bristol        | SW231727 | 3     |
| 100 Freestyle         | 1:15.19 | 1:16.30         | 298       | 19/03/23 | Street, Millfield & TDSC Regional Qualifier 2023 | Millfield      | SW230531 | 3     |
| 200 Freestyle         | 2:49.35 | 2:51.40         | 276       | 19/03/23 | Street, Millfield & TDSC Regional Qualifier 2023 | Millfield      | SW230531 | 3     |
| 50 Breaststroke       | 44.88   | 45.60           | 252       | 29/10/23 | City of Bristol L3 Halloween Spooktacular 2023   | Bristol        | SW231727 | 3     |
| 100 Breaststroke      | 1:38.40 | 1:39.70         | 254       | 18/03/23 | Street, Millfield & TDSC Regional Qualifier 2023 | Millfield      | SW230531 | 3     |
| 200 Breaststroke      | 3:27.90 | 3:30.40         | 271       | 28/10/23 | City of Bristol L3 Halloween Spooktacular 2023   | Bristol        | SW231727 | 3     |
| 50 Butterfly          | 41.70   | 42.20           | 199       | 29/10/22 | City Of Bristol Halloween Spooktacular 2022      | Hengrove Park  | SW221936 | 3     |
| 50 Backstroke         | 43.84   | 44.30           | 191       | 11/06/22 | Keynsham & Bristol Penguins Low L4 Summer Champs | Hengrove       | SW220943 | 4     |
| 200 Individual Medley | 3:16.05 | 3:18.10         | 240       | 04/06/23 | Ange Marling Memorial Level 3 Meet 2023          | Hutton Moor LC | SW230348 | 3     |
| 100 Individual Medley | 1:27.37 | 1:27.40         | 270       | 28/10/23 | City of Bristol L3 Halloween Spooktacular 2023   | Bristol        | SW231727 | 3     |