

Individual Best Times (All Time)

Lily Eddon - (1517434) - City of Sunderland ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.69	31.00	413	28/04/24	SE North East Regional Age Group Championships	Leeds	NE240251	1
100 Freestyle	1:08.28	1:07.00	434	12/05/24	SE North East Regional Age Group Championships	Leeds	NE240252	1
200 Freestyle	2:24.46	2:22.00	476	27/04/24	SE North East Regional Age Group Championships	Leeds	NE240251	1
400 Freestyle	4:56.63	4:51.90	499	11/05/24	SE North East Regional Age Group Championships	Leeds	NE240252	1
800 Freestyle	10:14.68	10:05.20	490	28/04/24	SE North East Regional Age Group Championships	Leeds	NE240251	1
50 Breaststroke	44.25	43.50	286	27/04/24	SE North East Regional Age Group Championships	Leeds	NE240251	1
100 Breaststroke	1:34.55	1:33.20	312	13/04/24	City of Sunderland National Qualifier 2024	Sunderland	NE240694	1
200 Breaststroke	3:22.87	3:20.20	311	11/05/24	SE North East Regional Age Group Championships	Leeds	NE240252	1
50 Butterfly	36.95	36.40	289	04/02/24	Northumberland & Durham SA County Championships 24	Sunderland	NE240247	1
50 Backstroke	37.58	37.00	365	11/05/24	SE North East Regional Age Group Championships	Leeds	NE240252	1
100 Backstroke	1:20.46	1:19.50	361	27/04/24	SE North East Regional Age Group Championships	Leeds	NE240251	1
200 Backstroke	2:46.94	2:44.90	401	12/05/24	SE North East Regional Age Group Championships	Leeds	NE240252	1
200 Individual Medley	2:51.34	2:49.00	398	12/05/24	SE North East Regional Age Group Championships	Leeds	NE240252	1
400 Individual Medley	5:59.10	5:54.20	405	27/04/24	SE North East Regional Age Group Championships	Leeds	NE240251	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.57	31.20	422	11/06/24	City of Sunderland ASC Club Champs 2024	Sunderland	NE241355	4
100 Freestyle	1:07.82	1:09.00	406	23/03/24	Tynemouth ASC NER Qualifier	Tynemouth	NE240406	3
200 Freestyle	2:21.63	2:24.10	472	26/05/24	South Tyneside 2024 Spring Meet	South Shields	NE240614	3
400 Freestyle	4:54.39	4:59.10	485	26/05/24	South Tyneside 2024 Spring Meet	South Shields	NE240614	3
800 Freestyle	10:03.09	10:12.60	496	24/05/24	South Tyneside 2024 Spring Meet	South Shields	NE240614	3
50 Breaststroke	42.47	43.20	298	23/03/24	Tynemouth ASC NER Qualifier	Tynemouth	NE240406	3
100 Breaststroke	1:32.39	1:33.70	307	24/03/24	Tynemouth ASC NER Qualifier	Tynemouth	NE240406	3
200 Breaststroke	3:12.57	3:15.30	341	24/03/24	Tynemouth ASC NER Qualifier	Tynemouth	NE240406	3
50 Butterfly	35.77	36.30	316	11/06/24	City of Sunderland ASC Club Champs 2024	Sunderland	NE241355	4
100 Butterfly	1:23.38	1:24.30	272	26/05/24	South Tyneside 2024 Spring Meet	South Shields	NE240614	3
50 Backstroke	36.79	37.30	323	11/06/24	City of Sunderland ASC Club Champs 2024	Sunderland	NE241355	4
100 Backstroke	1:19.38	1:20.40	330	10/12/23	York City BC Winter Swim Extravaganza 2023	Leeds	NE231704	3
200 Backstroke	2:44.31	2:46.30	379	23/03/24	Tynemouth ASC NER Qualifier	Tynemouth	NE240406	3
200 Individual Medley	2:51.18	2:53.50	360	09/12/23	York City BC Winter Swim Extravaganza 2023	Leeds	NE231704	3
400 Individual Medley	5:55.86	6:00.80	385	10/02/24	Durham City Aquatics Valentine Gala	Durham	NE240405	3
100 Individual Medley	1:19.48	1:19.50	359	11/06/24	City of Sunderland ASC Club Champs 2024	Sunderland	NE241355	4