

# Individual Best Times (All Time)

Finley Guest - (1515609) - Hillingdon Swimming Club

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.08	27.30	412	05/05/24	SE London Region Summer Championships 2024	London	LR240711	1
100 Freestyle	59.69	58.30	483	27/04/24	SE London Region Summer Championships 2024	London	LR240710	1
200 Freestyle	2:07.95	2:05.20	506	06/05/24	SE London Region Summer Championships 2024	London	LR240711	1
400 Freestyle	4:35.80	4:30.70	508	28/04/24	SE London Region Summer Championships 2024	London	LR240710	1
800 Freestyle	9:34.61	9:24.50	487	05/05/24	SE London Region Summer Championships 2024	London	LR240711	1
1500 Freestyle	18:44.28	18:25.80	465	27/04/24	SE London Region Summer Championships 2024	London	LR240710	1
50 Breaststroke	37.86	37.00	322	10/03/24	2024 Wycombe Long Course L1 Premier Meet	High Wycombe	SE240287	1
200 Breaststroke	3:27.40	3:24.80	221	17/07/22	Portsmouth Northsea End of Season Meet	Mountbatten Cen	SE221035	3
50 Butterfly	31.47	30.90	354	27/01/24	2024 Middlesex County Championships	London	LR240186	1
100 Butterfly	1:09.42	1:08.30	361	04/05/24	SE London Region Summer Championships 2024	London	LR240711	1
200 Butterfly	2:31.60	2:29.50	385	23/03/24	Winchester Spring Qualifier 2024	Winchester	SE240331	1
50 Backstroke	34.08	33.50	329	08/03/24	2024 Wycombe Long Course L1 Premier Meet	High Wycombe	SE240287	1
100 Backstroke	1:13.48	1:12.40	346	23/03/24	Winchester Spring Qualifier 2024	Winchester	SE240331	1
200 Backstroke	2:37.74	2:35.60	357	24/03/24	Winchester Spring Qualifier 2024	Winchester	SE240331	1
200 Individual Medley	2:30.82	2:28.20	431	05/05/24	SE London Region Summer Championships 2024	London	LR240711	1
400 Individual Medley	5:19.05	5:13.50	439	24/03/24	Winchester Spring Qualifier 2024	Winchester	SE240331	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.03	28.80	372	17/12/23	Hillingdon Swimming Club Winter Open Meet 2023	Hillingdon	LR231950	3
100 Freestyle	59.86	1:01.20	420	24/02/24	Borough of Harrow Regional Qualifier 2024	Hendon	LR240172	3
200 Freestyle	2:08.74	2:11.40	459	17/03/24	Enfield SS Regional Qualifier Open Meet 2024	Enfield	LR240293	3
400 Freestyle	4:37.80	4:42.80	446	16/12/23	Hillingdon Swimming Club Winter Open Meet 2023	Hillingdon	LR231950	3
800 Freestyle	9:54.02	10:03.70	415	28/10/23	Hillingdon SC Club Champs 2023	Hillingdon	LR231308	4
1500 Freestyle	18:35.09	18:53.40	438	18/11/23	Guildford City L2 Winter Open Meet 2023	Surrey Sports Park	SE231403	2
50 Breaststroke	37.86	38.70	286	17/03/24	Enfield SS Regional Qualifier Open Meet 2024	Enfield	LR240293	3
100 Breaststroke	1:25.70	1:27.20	268	11/06/23	Hillingdon SC Summer Open Meet 2023	Hillingdon	LR230962	3
200 Breaststroke	3:06.71	3:09.50	266	16/09/23	Hillingdon SC Club Champs 2023	Botwell Pool Hayes	LR231305	4
50 Butterfly	32.11	32.70	310	25/02/24	Borough of Harrow Regional Qualifier 2024	Hendon	LR240172	3
100 Butterfly	1:08.87	1:10.00	333	17/03/24	Enfield SS Regional Qualifier Open Meet 2024	Enfield	LR240293	3
200 Butterfly	2:37.44	2:39.40	312	16/12/23	Hillingdon Swimming Club Winter Open Meet 2023	Hillingdon	LR231950	3
50 Backstroke	33.12	33.70	297	16/12/23	Hillingdon Swimming Club Winter Open Meet 2023	Hillingdon	LR231950	3
100 Backstroke	1:12.48	1:13.60	296	15/10/23	Hillingdon SC Club Champs 2023	Hillingdon	LR231307	4
200 Backstroke	2:27.56	2:29.80	366	17/12/23	Hillingdon Swimming Club Winter Open Meet 2023	Hillingdon	LR231950	3
200 Individual Medley	2:26.61	2:29.30	418	25/02/24	Borough of Harrow Regional Qualifier 2024	Hendon	LR240172	3
400 Individual Medley	5:11.96	5:17.50	426	17/03/24	Enfield SS Regional Qualifier Open Meet 2024	Enfield	LR240293	3
100 Individual Medley	1:13.87	1:13.90	296	16/09/23	Hillingdon SC Club Champs 2023	Botwell Pool Hayes	LR231305	4