

Individual Best Times (All Time)

Henley Moffat - (1514964) - Clwb Nofio Ynys Môn | Isle of An

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	35.87	36.40	177	17/03/24	Swim Conwy Spring Meet 2024	Llandudno	WL240498	3
100 Freestyle	1:15.65	1:16.80	208	17/03/24	Swim Conwy Spring Meet 2024	Llandudno	WL240498	3
50 Breaststroke	42.72	43.50	199	07/01/24	Holywell ASC Valentine Gala 2024	Holywell	WL240193	2
100 Breaststroke	1:32.88	1:34.20	210	16/03/24	Swim Conwy Spring Meet 2024	Llandudno	WL240498	3
200 Breaststroke	3:21.03	3:23.60	213	17/03/24	Swim Conwy Spring Meet 2024	Llandudno	WL240498	3
50 Butterfly	42.73	43.20	131	02/07/23	Holywell ASC Summer Sprint 2023	Holywell	WL230621	3
200 Individual Medley	3:10.12	3:12.20	191	17/03/24	Swim Conwy Spring Meet 2024	Llandudno	WL240498	3
100 Individual Medley	1:35.99	1:36.00	135	02/07/23	Holywell ASC Summer Sprint 2023	Holywell	WL230621	3