

# Individual Best Times (All Time)

Savannah Simpson-Jones - (1508281) - Guildford City Swimming Club

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.61	28.90	506	28/04/24	SE South East Region LC Championships 2024	Winchester	SE240685	1
100 Freestyle	1:04.78	1:03.50	508	04/02/24	Surrey Age Group Championships 2024	Guildford	SE240477	1
200 Freestyle	2:24.88	2:22.50	472	09/03/24	2024 Wycombe Long Course L1 Premier Meet	High Wycombe	SE240287	1
400 Freestyle	5:26.27	5:21.90	375	05/02/23	Surrey County Age Group Championships 2023	Guildford	SE230015	1
50 Breaststroke	37.55	36.70	468	03/02/24	Surrey Age Group Championships 2024	Guildford	SE240477	1
100 Breaststroke	1:20.06	1:18.50	513	20/01/24	Surrey Age Group Championships 2024	Guildford	SE240476	1
200 Breaststroke	2:52.35	2:49.30	508	27/04/24	SE South East Region LC Championships 2024	Winchester	SE240685	1
50 Butterfly	39.60	39.10	234	10/07/22	Guildford City SC Long Course Summer Open Meet	Surrey Sport Park	SE221338	3
50 Backstroke	40.44	39.90	293	26/03/23	Guildford City L1 Spring Open Meet 2023	Surrey Sports Parl	SE230074	1
200 Individual Medley	2:38.40	2:35.90	504	03/02/24	Surrey Age Group Championships 2024	Guildford	SE240477	1
400 Individual Medley	5:51.62	5:46.60	432	08/03/24	2024 Wycombe Long Course L1 Premier Meet	High Wycombe	SE240287	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.09	29.80	489	08/06/24	Hillingdon SC GoCardless Summer Open Meet 2024	Uxbridge	LR240861	3
100 Freestyle	1:06.27	1:07.50	435	25/11/23	Guildford City L3 County Qualifier 2023	Guildford	SE231819	3
200 Freestyle	2:23.08	2:25.50	458	28/10/23	Hart SC Autumn Level 3 Open Meet 2023	Hart	SE232050	3
400 Freestyle	5:18.74	5:23.10	382	29/10/23	Hart SC Autumn Level 3 Open Meet 2023	Hart	SE232050	3
800 Freestyle	10:35.82	10:44.90	423	05/01/24	Guildford City Club Distance Time Trial	Guildford	SE240366	4
50 Breaststroke	37.42	38.30	435	21/04/24	SE South East Region LC Championships 2024	Crawley	SE240684	2
100 Breaststroke	1:21.33	1:22.90	450	09/12/23	National Arena Swimming League South R3 2023	Winchester	SE232573	3
200 Breaststroke	2:55.13	2:58.10	453	28/10/23	Hart SC Autumn Level 3 Open Meet 2023	Hart	SE232050	3
50 Butterfly	36.27	36.80	303	26/11/23	Guildford City L3 County Qualifier 2023	Guildford	SE231819	3
100 Butterfly	1:23.42	1:24.30	272	26/11/23	Guildford City L3 County Qualifier 2023	Guildford	SE231819	3
50 Backstroke	40.75	41.20	237	29/10/22	Hart SC Autumn Open Meet 2022	Hart Leisure	SE221836	3
100 Backstroke	1:18.41	1:19.40	343	08/06/24	Hillingdon SC GoCardless Summer Open Meet 2024	Uxbridge	LR240861	3
200 Backstroke	3:14.38	3:16.10	229	28/06/21	Guildford	Spectrum	LEX2695	0
200 Individual Medley	2:40.40	2:42.80	438	20/04/24	SE South East Region LC Championships 2024	Crawley	SE240684	2
400 Individual Medley	5:50.48	5:55.50	403	25/11/23	Guildford City L3 County Qualifier 2023	Guildford	SE231819	3
100 Individual Medley	1:34.82	1:34.80	211	08/06/21	Guildford City	Spectrum	LEX1799	0