

Individual Best Times (All Time)

Amelia Morris - (1506028) - Gateshead & Whickham SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.89	31.20	405	28/04/24	SE North East Regional Age Group Championships	Leeds	NE240251	1
100 Freestyle	1:15.92	1:14.80	315	02/04/23	City of Sunderland National Qualifier Meet 2023	Sunderland	NE230413	1
200 Freestyle	2:42.13	2:40.00	337	28/01/23	City of Sunderland SC New Year Meet 2023	Sunderland	NE230134	1
800 Freestyle	11:03.67	10:54.90	389	28/04/24	SE North East Regional Age Group Championships	Leeds	NE240251	1
50 Butterfly	34.56	34.00	353	21/01/24	City of Sunderland ASC New Year Meet 2024	Sunderland	NE240152	1
100 Butterfly	1:16.05	1:15.00	388	11/05/24	SE North East Regional Age Group Championships	Leeds	NE240252	1
200 Butterfly	2:41.50	2:39.50	429	28/06/24	2024 Scottish National Open Swimming Championships	Edinburgh	SS241309	1
50 Backstroke	34.27	33.70	481	11/05/24	SE North East Regional Age Group Championships	Leeds	NE240252	1
100 Backstroke	1:17.95	1:16.90	397	17/02/24	Northumberland & Durham SA County Championships 24	Sunderland	NE240248	1
200 Backstroke	2:47.99	2:46.00	393	12/05/24	SE North East Regional Age Group Championships	Leeds	NE240252	1
200 Individual Medley	2:49.91	2:47.60	408	14/04/24	City of Sunderland National Qualifier 2024	Sunderland	NE240694	1
400 Individual Medley	5:57.60	5:52.60	410	13/04/24	City of Sunderland National Qualifier 2024	Sunderland	NE240694	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.91	31.60	408	12/04/24	Gateshead & Whickham ASC Spring Meet 2024	Gateshead	NE240550	3
100 Freestyle	1:10.22	1:11.40	366	17/03/24	Gateshead & Whickham ASC Spring Meet 2024	Gateshead	NE240550	3
200 Freestyle	2:31.01	2:33.30	389	10/02/24	Durham City Aquatics Valentine Gala	Durham	NE240405	3
400 Freestyle	5:08.89	5:13.40	419	26/05/24	South Tyneside 2024 Spring Meet	South Shields	NE240614	3
800 Freestyle	10:14.35	10:23.70	469	24/05/24	South Tyneside 2024 Spring Meet	South Shields	NE240614	3
50 Breaststroke	44.97	45.70	251	25/02/24	Derwentside ASC Sprint Meet 2024	Stanley	NE240495	3
100 Breaststroke	1:37.63	1:38.90	260	16/03/24	Gateshead & Whickham ASC Spring Meet 2024	Gateshead	NE240550	3
50 Butterfly	32.46	33.00	423	25/05/24	South Tyneside 2024 Spring Meet	South Shields	NE240614	3
100 Butterfly	1:14.80	1:15.80	377	26/05/24	South Tyneside 2024 Spring Meet	South Shields	NE240614	3
200 Butterfly	2:44.78	2:46.70	382	25/05/24	South Tyneside 2024 Spring Meet	South Shields	NE240614	3
50 Backstroke	33.52	34.10	427	26/05/24	South Tyneside 2024 Spring Meet	South Shields	NE240614	3
100 Backstroke	1:14.93	1:16.00	393	25/05/24	South Tyneside 2024 Spring Meet	South Shields	NE240614	3
200 Backstroke	2:37.52	2:39.60	430	26/05/24	South Tyneside 2024 Spring Meet	South Shields	NE240614	3
200 Individual Medley	2:41.99	2:44.40	425	25/05/24	South Tyneside 2024 Spring Meet	South Shields	NE240614	3
400 Individual Medley	6:00.67	6:05.50	370	13/01/24	Newcastle Swim Team County Qualifier Meet 2024	Tynemouth	NE240119	3
100 Individual Medley	1:17.30	1:17.30	390	26/05/24	South Tyneside 2024 Spring Meet	South Shields	NE240614	3