

Individual Best Times (All Time)

Leo Woodrow - (1505558) - Academy Swim Team Burnham

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.12	28.40	370	28/04/24	SE SWR Summer Championships 2024	Millfield	SW240587	1
100 Freestyle	1:05.15	1:03.90	372	21/04/24	SE SWR Summer Championships 2024	Bristol	SW240586	1
200 Freestyle	2:26.09	2:23.70	340	20/04/24	SE SWR Summer Championships 2024	Bristol	SW240586	1
400 Freestyle	5:12.61	5:08.10	348	25/02/24	Somerset ASA County Championships 2024	Millfield	SW240542	1
800 Freestyle	10:54.38	10:45.50	329	05/04/24	City of Bristol L1 International Open Meet 2024	Bristol	SW240226	1
50 Breaststroke	39.80	39.00	277	24/02/24	Somerset ASA County Championships 2024	Millfield	SW240542	1
50 Butterfly	34.50	33.90	268	20/04/24	SE SWR Summer Championships 2024	Bristol	SW240586	1
50 Backstroke	33.98	33.40	332	27/04/24	SE SWR Summer Championships 2024	Millfield	SW240587	1
100 Backstroke	1:15.69	1:14.60	316	16/03/24	Somerset ASA County Championships 2024	Millfield	SW240543	1
200 Backstroke	2:40.24	2:38.10	340	25/03/24	Swim Wales National Championships 2024	Swansea	WL240023	1
200 Individual Medley	2:43.90	2:41.50	336	16/03/24	Somerset ASA County Championships 2024	Millfield	SW240543	1
400 Individual Medley	5:50.68	5:45.60	330	17/03/24	Somerset ASA County Championships 2024	Millfield	SW240543	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.41	30.10	322	15/12/23	Swim Wales Winter Championships 2023	Swansea	WL232016	2
100 Freestyle	1:05.79	1:07.10	316	16/12/23	Swim Wales Winter Championships 2023	Swansea	WL232016	2
200 Freestyle	2:27.45	2:29.80	306	02/12/23	Taunton Deane, Millfield & Street County Qualifier	Millfield School	SW232169	3
400 Freestyle	5:14.05	5:18.50	308	03/12/23	Taunton Deane, Millfield & Street County Qualifier	Millfield School	SW232169	3
800 Freestyle	11:51.78	11:59.90	241	13/09/22	Taunton Deane Low Level 4 Club Championships 2022	Taunton	SW221476	4
50 Breaststroke	47.35	48.00	146	10/12/22	Yeovil & District SC Christmas Meet 2022	Street	SW221581	3
50 Butterfly	39.96	40.40	161	09/04/22	Yeovil & District SC Easter Open Meet 2022	Somerset	SW220384	3
100 Butterfly	1:19.37	1:20.30	218	31/03/24	Soundwell SC Regional Qualifier	Weston-Super-Mare	SW240364	3
50 Backstroke	34.07	34.70	273	17/12/23	Swim Wales Winter Championships 2023	Swansea	WL232016	2
100 Backstroke	1:16.21	1:17.30	255	10/06/23	Keynsham & Bristol Penguins Summer Championships	Bristol	SW231068	4
200 Backstroke	2:42.92	2:45.00	272	02/12/23	Taunton Deane, Millfield & Street County Qualifier	Millfield School	SW232169	3
200 Individual Medley	2:47.69	2:50.00	279	14/12/23	Academy ST Burnham on Sea Club Champs 2023	Burnham	SW232105	4
400 Individual Medley	5:52.33	5:57.30	296	12/12/23	Academy ST Burnham on Sea Club Champs 2023	Burnham	SW232105	4
100 Individual Medley	1:15.62	1:15.60	276	15/10/23	Somerset ASA Team Relay & 100m IM Day 2023	Millfield	SW231699	2