

Individual Best Times (All Time)

Fabio Giambrone - (1501896) - Cheshunt Swimming Club

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	36.52	37.10	168	10/03/24	City of St Albans Spring Meet 2024	St Albans	ER240103	3
100 Freestyle	1:24.11	1:25.10	151	18/05/24	Cheshunt SC May Anniversary Meet 2024	Harlow	ER240235	3
50 Breaststroke	51.82	52.40	111	18/05/24	Cheshunt SC May Anniversary Meet 2024	Harlow	ER240235	3
100 Breaststroke	2:16.35	2:17.30	66	04/12/21	City of St Albans SC Winter Meet 2021	St Albans	ER210751	3
50 Butterfly	48.97	49.40	87	13/10/23	Cheshunt SC Club Championships 2023	Laura Trott LC	ER231787	4
50 Backstroke	45.16	45.60	117	10/12/23	Cheshunt SC Club 200m and 50m Dash 2023	Laura Trott LC	ER232195	4
100 Backstroke	1:46.51	1:47.30	93	11/03/23	City of St Albans Spring Meet 2023	St Albans	ER230008	3
100 Individual Medley	1:38.30	1:38.30	125	09/03/24	City of St Albans Spring Meet 2024	St Albans	ER240103	3