

# Individual Best Times (All Time)

Ava Morcom - (1501244) - Truro City SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.59	30.90	417	10/03/24	Plymouth Leander March L1 National Qualifier 2024	Plymouth	SW240330	1
100 Freestyle	1:10.01	1:08.80	402	08/03/24	Plymouth Leander March L1 National Qualifier 2024	Plymouth	SW240330	1
200 Freestyle	2:28.43	2:26.10	439	27/04/24	SE SWR Summer Championships 2024	Millfield	SW240587	1
400 Freestyle	5:18.59	5:14.10	403	20/04/24	SE SWR Summer Championships 2024	Bristol	SW240586	1
800 Freestyle	11:02.24	10:53.40	392	09/03/24	Plymouth Leander March L1 National Qualifier 2024	Plymouth	SW240330	1
1500 Freestyle	21:15.65	20:59.30	375	11/05/24	Plymouth Leander Last Chance Nat Qualifier L1 2024	Plymouth	SW240649	1
50 Breaststroke	42.97	42.20	312	20/04/24	SE SWR Summer Championships 2024	Bristol	SW240586	1
50 Backstroke	36.57	36.00	396	10/03/24	Plymouth Leander March L1 National Qualifier 2024	Plymouth	SW240330	1
100 Backstroke	1:21.06	1:20.10	353	27/04/24	SE SWR Summer Championships 2024	Millfield	SW240587	1
200 Backstroke	2:52.11	2:50.20	366	09/03/24	Plymouth Leander March L1 National Qualifier 2024	Plymouth	SW240330	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.93	31.60	407	03/02/24	2024 Cornwall County & Age Groups Championships	Penzance	SW240150	2
100 Freestyle	1:08.07	1:09.30	402	28/01/24	2024 Cornwall County & Age Groups Championships	Bodmin	SW240149	2
200 Freestyle	2:26.11	2:28.50	430	27/01/24	2024 Cornwall County & Age Groups Championships	Penzance	SW240148	2
400 Freestyle	5:10.39	5:14.90	413	28/01/24	2024 Cornwall County & Age Groups Championships	Bodmin	SW240149	2
800 Freestyle	10:55.36	11:04.10	386	13/01/24	2024 Cornwall County & Age Groups Championships	Penzance	SW240146	2
1500 Freestyle	20:45.79	21:02.30	387	21/01/24	2024 Cornwall County & Age Groups Championships	Bodmin	SW240147	2
50 Breaststroke	40.81	41.60	335	27/01/24	2024 Cornwall County & Age Groups Championships	Penzance	SW240148	2
100 Breaststroke	1:28.69	1:30.10	347	09/06/24	Truro City SC Club Championships 2024	Penzance	SW241330	4
200 Breaststroke	3:19.69	3:22.30	306	27/01/24	2024 Cornwall County & Age Groups Championships	Penzance	SW240148	2
50 Butterfly	35.68	36.20	319	28/01/24	2024 Cornwall County & Age Groups Championships	Bodmin	SW240149	2
50 Backstroke	35.83	36.40	349	04/02/24	2024 Cornwall County & Age Groups Championships	Bodmin	SW240151	2
100 Backstroke	1:15.45	1:16.50	385	03/02/24	2024 Cornwall County & Age Groups Championships	Penzance	SW240150	2
200 Backstroke	2:46.38	2:48.40	365	28/01/24	2024 Cornwall County & Age Groups Championships	Bodmin	SW240149	2
200 Individual Medley	2:48.08	2:50.40	381	09/06/24	Truro City SC Club Championships 2024	Penzance	SW241330	4
100 Individual Medley	1:17.72	1:17.70	384	27/01/24	2024 Cornwall County & Age Groups Championships	Penzance	SW240148	2