

Individual Best Times (All Time)

Archie Dalgarno - (1499168) - Soundwell SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.59	28.90	352	06/04/24	City of Bristol L1 International Open Meet 2024	Bristol	SW240226	1
100 Freestyle	1:03.32	1:02.00	405	16/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240062	1
200 Freestyle	2:22.77	2:20.30	364	13/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240061	1
800 Freestyle	10:48.81	10:39.80	338	17/01/23	Gloucestershire County Swimming Championships 2023	Bristol	SW230117	1
50 Breaststroke	36.16	35.30	369	16/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240062	1
100 Breaststroke	1:22.50	1:21.00	327	17/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240063	1
200 Breaststroke	2:53.95	2:50.90	375	07/04/24	City of Bristol L1 International Open Meet 2024	Bristol	SW240226	1
50 Butterfly	30.00	29.40	409	07/04/24	City of Bristol L1 International Open Meet 2024	Bristol	SW240226	1
100 Butterfly	1:05.74	1:04.60	425	06/05/24	SE SWR Summer Championships 2024	Plymouth	SW240588	1
200 Butterfly	2:24.56	2:22.40	444	05/05/24	SE SWR Summer Championships 2024	Plymouth	SW240588	1
200 Individual Medley	2:33.17	2:30.60	412	07/04/24	City of Bristol L1 International Open Meet 2024	Bristol	SW240226	1
400 Individual Medley	5:25.14	5:19.70	414	06/04/24	City of Bristol L1 International Open Meet 2024	Bristol	SW240226	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.82	29.50	342	31/03/24	Soundwell SC Regional Qualifier	Weston-Super-Mare	SW240364	3
100 Freestyle	1:02.62	1:03.90	367	30/03/24	Soundwell SC Regional Qualifier	Weston-Super-Mare	SW240364	3
200 Freestyle	2:17.31	2:19.80	379	01/06/24	Sevenside Tritons Ange Marling Memorial	Weston Super Mare	SW240470	3
800 Freestyle	10:04.31	10:13.80	395	10/12/23	Soundwell SC Network Distance Event 2023	Bristol	SW232459	4
1500 Freestyle	19:16.40	19:34.10	392	08/12/23	Soundwell SC Network Distance Event 2023	Bristol	SW232457	4
50 Breaststroke	36.28	37.10	325	31/03/24	Soundwell SC Regional Qualifier	Weston-Super-Mare	SW240364	3
100 Breaststroke	1:18.67	1:20.30	346	02/12/23	Soundwell SC County Qualifier 2023	Hutton Moor LC	SW231617	3
200 Breaststroke	2:48.96	2:52.10	359	22/10/23	Gloucester City SC Autumn L2 Open Meet 2023	Gloucester	SW231829	2
50 Butterfly	29.95	30.60	382	30/03/24	Soundwell SC Regional Qualifier	Weston-Super-Mare	SW240364	3
100 Butterfly	1:05.93	1:07.10	380	15/06/24	Bristol North & Soundwell Club Championships 2024	Bristol	SW240796	4
200 Butterfly	2:26.85	2:29.00	385	19/11/23	Guildford City L2 Winter Open Meet 2023	Surrey Sports Park	SE231403	2
50 Backstroke	37.35	37.90	207	17/06/23	Bristol North & Soundwell SCs Joint Club Champs	Bristol	SW231313	4
100 Backstroke	1:16.43	1:17.50	252	01/06/24	Sevenside Tritons Ange Marling Memorial	Weston Super Mare	SW240470	3
200 Individual Medley	2:31.19	2:33.80	381	03/12/23	Soundwell SC County Qualifier 2023	Hutton Moor LC	SW231617	3
400 Individual Medley	5:18.99	5:24.50	398	02/12/23	Soundwell SC County Qualifier 2023	Hutton Moor LC	SW231617	3
100 Individual Medley	1:09.96	1:10.00	349	02/06/24	Sevenside Tritons Ange Marling Memorial	Weston Super Mare	SW240470	3