

Individual Best Times (All Time)

Ellia Payne - (1497951) - Copeland ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	37.37	36.80	252	23/03/24	York City Baths Club National Qualifier 2024	Leeds	NE240069	1
100 Freestyle	1:30.05	1:29.10	189	02/07/23	City of Sunderland ASC Summer Splash 2023	Sunderland	NE231255	3
50 Breaststroke	1:01.33	1:00.80	107	01/07/23	City of Sunderland ASC Summer Splash 2023	Sunderland	NE231255	3
50 Backstroke	43.20	42.70	240	24/03/24	York City Baths Club National Qualifier 2024	Leeds	NE240069	1
200 Backstroke	3:33.89	3:32.30	190	14/05/23	SE North West Regional Summer Championships 2023	Liverpool	NW230691	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	36.13	36.70	255	27/04/24	Ulverston Spring Swim Fest 2024	Kendal	NW240532	3
100 Freestyle	1:20.66	1:21.70	241	08/06/24	Copeland ASC 27th Graded Gala 2024	Whitehaven	NW241218	3
200 Freestyle	2:55.69	2:57.70	247	08/06/24	Copeland ASC 27th Graded Gala 2024	Whitehaven	NW241218	3
400 Freestyle	6:28.50	6:32.10	211	21/01/24	Cumbria County Championships & Age Groups 2024	Workington	NW240298	2
800 Freestyle	13:48.82	13:55.80	191	22/10/23	2023 Copeland Distance Time Trial	Copeland	NW232385	4
50 Breaststroke	53.34	53.90	150	09/03/24	Copeland 29th Bill and Monica Griffin Gala 2024	Whitehaven	NW240658	3
100 Breaststroke	2:01.54	2:02.60	135	19/11/23	2023 Copeland ASC Club Championship	Copeland	NW232387	4
50 Butterfly	44.14	44.60	168	28/04/24	Ulverston Spring Swim Fest 2024	Kendal	NW240532	3
100 Butterfly	1:34.79	1:35.60	185	08/06/24	Copeland ASC 27th Graded Gala 2024	Whitehaven	NW241218	3
200 Butterfly	3:48.45	3:49.80	143	27/04/24	Ulverston Spring Swim Fest 2024	Kendal	NW240532	3
50 Backstroke	41.86	42.30	219	21/01/24	Cumbria County Championships & Age Groups 2024	Workington	NW240298	2
100 Backstroke	1:29.33	1:30.20	231	20/01/24	Cumbria County Championships & Age Groups 2024	Workington	NW240298	2
200 Backstroke	3:13.16	3:14.90	233	21/01/24	Cumbria County Championships & Age Groups 2024	Workington	NW240298	2
200 Individual Medley	3:26.92	3:28.80	204	03/02/24	Cumbria County Championships & Age Groups 2024	Workington	NW240299	2
400 Individual Medley	7:16.94	7:21.00	208	20/01/24	Cumbria County Championships & Age Groups 2024	Workington	NW240298	2
100 Individual Medley	1:31.11	1:31.10	238	08/06/24	Copeland ASC 27th Graded Gala 2024	Whitehaven	NW241218	3