

Individual Best Times (All Time)

Dylan Norman - (1497054) - Basildon and Phoenix SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Breaststroke	48.36	47.70	154	24/02/24	2024 Essex County Age Group Championships	London	ER240055	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	37.91	38.50	150	06/04/24	Basildon & Phoenix Easter Meet 2024	Basildon	ER240561	3
100 Freestyle	1:24.62	1:25.60	148	06/04/24	Basildon & Phoenix Easter Meet 2024	Basildon	ER240561	3
200 Freestyle	3:07.86	3:09.70	148	19/05/24	Basildon & Phoenix Spring SC Meet 2024	Basildon	ER240790	3
50 Breaststroke	45.16	45.90	168	07/04/24	Basildon & Phoenix Easter Meet 2024	Basildon	ER240561	3
100 Breaststroke	1:48.32	1:49.50	132	24/09/23	Basildon & Phoenix Autumn Season Opener 2023	Basildon	ER231881	3
200 Breaststroke	3:43.29	3:45.70	155	19/05/24	Basildon & Phoenix Spring SC Meet 2024	Basildon	ER240790	3
50 Backstroke	42.93	43.40	136	07/04/24	Basildon & Phoenix Easter Meet 2024	Basildon	ER240561	3
100 Backstroke	1:35.97	1:36.80	127	17/03/24	Basildon Spring Regional Qualifier 2024	Basildon	ER240455	3
200 Backstroke	3:20.50	3:22.20	146	18/05/24	Basildon & Phoenix Spring SC Meet 2024	Basildon	ER240790	3