

# Individual Best Times (All Time)

Jacob Thistlewood - (1496787) - Stockport Metro SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.37	28.70	360	27/04/24	SENW Regional Summer Championships 2024	Manchester	NW240305	1
100 Freestyle	1:03.02	1:01.70	411	27/04/24	SENW Regional Summer Championships 2024	Manchester	NW240305	1
200 Freestyle	2:16.64	2:14.10	415	05/05/24	SENW Regional Summer Championships 2024	Manchester	NW240306	1
400 Freestyle	4:55.80	4:51.00	411	27/04/24	SENW Regional Summer Championships 2024	Manchester	NW240305	1
800 Freestyle	10:12.10	10:02.60	402	04/05/24	SENW Regional Summer Championships 2024	Manchester	NW240306	1
50 Breaststroke	48.01	47.30	157	10/06/23	Arena Manchester Summer Open 2023	Manchester	NW231332	3
50 Butterfly	32.29	31.70	328	28/04/24	SENW Regional Summer Championships 2024	Manchester	NW240305	1
50 Backstroke	33.36	32.80	351	04/05/24	SENW Regional Summer Championships 2024	Manchester	NW240306	1
100 Backstroke	1:11.57	1:10.40	374	28/04/24	SENW Regional Summer Championships 2024	Manchester	NW240305	1
200 Backstroke	2:33.02	2:30.80	391	05/05/24	SENW Regional Summer Championships 2024	Manchester	NW240306	1
200 Individual Medley	2:42.13	2:39.70	347	04/05/24	SENW Regional Summer Championships 2024	Manchester	NW240306	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.65	30.30	314	16/12/23	Arena Manchester Snowpen 2023	Manchester	NW232517	3
100 Freestyle	1:04.14	1:05.40	341	21/01/24	Cheshire County Championships 2024	Macclesfield	NW240307	2
200 Freestyle	2:20.08	2:22.50	356	17/12/23	Arena Manchester Snowpen 2023	Manchester	NW232517	3
400 Freestyle	4:53.75	4:58.50	377	16/12/23	Arena Manchester Snowpen 2023	Manchester	NW232517	3
800 Freestyle	10:32.16	10:41.20	345	03/02/24	Cheshire County Championships 2024	Macclesfield	NW240309	2
50 Breaststroke	45.82	46.50	161	28/01/23	Cheshire County Swimming Championships 2023	Macclesfield	NW230324	2
100 Breaststroke	1:41.39	1:42.60	162	12/10/22	Stockport Metro Wolfpack Series 2022-23	Stockport	NW222279	4
50 Butterfly	33.09	33.70	283	20/01/24	Cheshire County Championships 2024	Macclesfield	NW240307	2
100 Butterfly	1:20.29	1:21.20	210	15/07/23	Satellites of Macclesfield Summer Open Meet 2023	Macclesfield	NW230959	3
50 Backstroke	34.42	35.00	265	21/01/24	Cheshire County Championships 2024	Macclesfield	NW240307	2
100 Backstroke	1:13.78	1:14.90	281	20/01/24	Cheshire County Championships 2024	Macclesfield	NW240307	2
200 Backstroke	2:39.04	2:41.10	292	22/10/23	Loughborough Swimming International SC Meet 2023	Moorways SV	EM231601	2
200 Individual Medley	2:44.68	2:47.10	295	16/12/23	Arena Manchester Snowpen 2023	Manchester	NW232517	3
100 Individual Medley	1:20.54	1:20.50	229	04/02/23	Cheshire County Swimming Championships 2023	Macclesfield	NW230325	2