

Individual Best Times (All Time)

Athena Johnstone - (1494316) - Leyland Barracudas Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	33.04	32.40	364	11/02/24	Lancashire County Championships 2024	Manchester	NW240297	1
100 Freestyle	1:24.42	1:23.40	229	17/12/22	City of Leeds SC Xmas Cracker Meet	Leeds	NE220857	3
200 Freestyle	3:33.17	3:31.50	148	19/12/21	City of Leeds Christmas Meet 2021	John Charles	NE210474	3
50 Breaststroke	38.70	37.90	427	28/04/24	SENW Regional Summer Championships 2024	Manchester	NW240305	1
100 Breaststroke	1:31.49	1:30.10	344	31/03/24	Liverpool National Qualifier Meet 2024	Liverpool	NW240301	1
200 Breaststroke	3:17.74	3:15.00	336	04/05/24	SENW Regional Summer Championships 2024	Manchester	NW240306	1
50 Backstroke	46.82	46.40	188	19/12/21	City of Leeds Christmas Meet 2021	John Charles	NE210474	3
100 Backstroke	1:37.01	1:36.20	206	18/12/22	City of Leeds SC Xmas Cracker Meet	Leeds	NE220857	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.32	33.00	357	22/06/24	Wigan Best Future Stars June Meet 2024	Wigan	NW240734	3
100 Freestyle	1:13.98	1:15.10	313	13/04/24	Leyland Barracudas Sprint Gala 2024	Leyland	NW240704	4
200 Freestyle	2:52.03	2:54.00	263	01/07/23	North Lancs Development Meet 2023	Blackpool	NW231114	3
50 Breaststroke	39.90	40.70	359	22/06/24	Wigan Best Future Stars June Meet 2024	Wigan	NW240734	3
100 Breaststroke	1:28.80	1:30.20	346	22/06/24	Wigan Best Future Stars June Meet 2024	Wigan	NW240734	3
200 Breaststroke	3:24.51	3:27.10	284	07/01/24	Bobcats 'Last Chance County Qualifier' 2024	Darwen	NW240046	3
50 Butterfly	43.67	44.10	174	19/11/23	Leyland Barracudas ASC Club Championships 2023	Leyland	NW232520	4
50 Backstroke	38.93	39.40	272	13/04/24	Leyland Barracudas Sprint Gala 2024	Leyland	NW240704	4
100 Backstroke	1:25.43	1:26.40	265	13/04/24	Leyland Barracudas Sprint Gala 2024	Leyland	NW240704	4
200 Backstroke	3:08.62	3:10.40	250	02/07/23	North Lancs Development Meet 2023	Blackpool	NW231114	3
200 Individual Medley	3:03.03	3:05.20	295	22/06/24	Wigan Best Future Stars June Meet 2024	Wigan	NW240734	3
100 Individual Medley	1:23.36	1:23.40	311	13/04/24	Leyland Barracudas Sprint Gala 2024	Leyland	NW240704	4