

Individual Best Times (All Time)

Polly Ford - (1494273) - Leatherhead SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.83	30.10	449	21/01/24	Surrey Age Group Championships 2024	Guildford	SE240476	1
100 Freestyle	1:08.73	1:07.50	425	04/02/24	Surrey Age Group Championships 2024	Guildford	SE240477	1
200 Freestyle	2:42.01	2:39.80	337	16/07/23	Wycombe LC End of Season L3 Meet 2023	High Wycombe	SE231231	3
50 Breaststroke	46.52	45.80	246	16/07/23	Wycombe LC End of Season L3 Meet 2023	High Wycombe	SE231231	3
50 Butterfly	34.83	34.30	345	04/02/24	Surrey Age Group Championships 2024	Guildford	SE240477	1
100 Butterfly	1:19.94	1:19.00	334	03/02/24	Surrey Age Group Championships 2024	Guildford	SE240477	1
50 Backstroke	36.07	35.50	412	20/01/24	Surrey Age Group Championships 2024	Guildford	SE240476	1
100 Backstroke	1:19.35	1:18.30	377	21/01/24	Surrey Age Group Championships 2024	Guildford	SE240476	1
200 Individual Medley	3:06.75	3:04.60	308	16/07/23	Wycombe LC End of Season L3 Meet 2023	High Wycombe	SE231231	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.34	31.00	431	18/11/23	Guildford City L2 Winter Open Meet 2023	Surrey Sports Park	SE231403	2
100 Freestyle	1:06.82	1:08.10	425	19/11/23	Guildford City L2 Winter Open Meet 2023	Surrey Sports Park	SE231403	2
200 Freestyle	2:31.57	2:33.80	385	16/12/23	Hillingdon Swimming Club Winter Open Meet 2023	Hillingdon	LR231950	3
50 Breaststroke	42.66	43.40	294	16/12/23	Hillingdon Swimming Club Winter Open Meet 2023	Hillingdon	LR231950	3
100 Breaststroke	1:37.84	1:39.10	258	26/09/23	Leatherhead SC Autumn 2023 Club Championships 2023	Cobham	SE232123	4
50 Butterfly	34.79	35.30	344	19/11/23	Guildford City L2 Winter Open Meet 2023	Surrey Sports Park	SE231403	2
100 Butterfly	1:20.46	1:21.40	303	13/01/24	Kingston Royals New Year County Qualifier Meet 202	Walton-on-Thames	LR240112	3
50 Backstroke	35.19	35.80	369	25/11/23	Atlantis SC Christmas Cracker 2023	Horsham	SE231038	3
100 Backstroke	1:16.93	1:18.00	363	26/11/23	Atlantis SC Christmas Cracker 2023	Horsham	SE231038	3
200 Individual Medley	2:59.57	3:01.80	312	26/09/23	Leatherhead SC Autumn 2023 Club Championships 2023	Cobham	SE232123	4
100 Individual Medley	1:19.05	1:19.10	365	26/11/23	Atlantis SC Christmas Cracker 2023	Horsham	SE231038	3