

Individual Best Times (All Time)

Ethan King - (1493773) - Penyrheol ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.91	30.20	309	04/05/24	City of Swansea Aquatics MAY LC Open Meet 2024	Swansea	WL240501	1
100 Freestyle	1:07.18	1:05.90	339	04/05/24	City of Swansea Aquatics MAY LC Open Meet 2024	Swansea	WL240501	1
200 Freestyle	2:28.14	2:25.80	326	05/05/24	City of Swansea Aquatics MAY LC Open Meet 2024	Swansea	WL240501	1
50 Breaststroke	44.25	43.50	201	11/06/23	Torfaen Dolphins Long Course Meet 2023	Cardiff	WL230113	3
100 Breaststroke	1:37.03	1:35.70	201	11/06/23	Torfaen Dolphins Long Course Meet 2023	Cardiff	WL230736	1
50 Butterfly	37.51	37.00	209	09/02/24	Swim Wales Regional Racing Series - West 2024	Swansea	WL240022	1
50 Backstroke	33.72	33.10	340	02/06/24	Swansea University Swim Team 2024 LC Sprint Meet	Swansea	WL240502	1
100 Backstroke	1:12.88	1:11.80	354	02/06/24	Swansea University Swim Team 2024 LC Sprint Meet	Swansea	WL240502	1
200 Backstroke	2:39.73	2:37.60	344	25/03/24	Swim Wales National Championships 2024	Swansea	WL240023	1
200 Individual Medley	2:47.12	2:44.70	317	04/05/24	City of Swansea Aquatics MAY LC Open Meet 2024	Swansea	WL240501	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.84	32.50	253	25/11/23	Swim Wales Regional SC Championships - West 2023	Haverfordwest	WL232012	2
100 Freestyle	1:09.60	1:10.80	267	13/01/24	Nofio Sir Gar Performance Swimming's Open Meet 24	Cardiff	WL240161	3
200 Freestyle	2:38.88	2:41.10	244	23/04/23	Amman Valley Swimming Club No Time Gala 2023	Cardiff	WL230687	3
400 Freestyle	5:31.27	5:35.50	263	13/01/24	Nofio Sir Gar Performance Swimming's Open Meet 24	Cardiff	WL240161	3
50 Breaststroke	43.16	43.90	193	10/12/23	Cardiff & District Christmas Open Meet 2023	Cardiff	WL232015	3
100 Breaststroke	1:31.39	1:32.80	221	14/01/24	Nofio Sir Gar Performance Swimming's Open Meet 24	Cardiff	WL240161	3
50 Butterfly	39.52	40.00	166	10/12/23	Cardiff & District Christmas Open Meet 2023	Cardiff	WL232015	3
50 Backstroke	35.79	36.30	235	14/01/24	Nofio Sir Gar Performance Swimming's Open Meet 24	Cardiff	WL240161	3
100 Backstroke	1:17.67	1:18.70	240	10/12/23	Cardiff & District Christmas Open Meet 2023	Cardiff	WL232014	2
200 Backstroke	2:45.74	2:47.70	258	26/11/23	Swim Wales Regional SC Championships - West 2023	Haverfordwest	WL232012	2
200 Individual Medley	2:56.41	2:58.60	240	28/10/23	Neath ASC Open Meet	Swansea	WL231884	2
100 Individual Medley	1:21.27	1:21.30	222	10/12/23	Cardiff & District Christmas Open Meet 2023	Cardiff	WL232015	3