

Individual Best Times (All Time)

James Guest - (1493745) - The Royal Wolverhampton School S

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.05	27.30	414	05/05/24	SE West Midland Summer Championships 2024	Birmingham	WM240648	1
100 Freestyle	1:02.52	1:01.20	421	27/04/24	SE West Midland Summer Championships 2024	Birmingham	WM240647	1
200 Freestyle	2:15.41	2:12.80	427	04/05/24	SE West Midland Summer Championships 2024	Birmingham	WM240648	1
400 Freestyle	4:53.45	4:48.60	421	28/04/24	SE West Midland Summer Championships 2024	Birmingham	WM240647	1
50 Breaststroke	39.28	38.50	288	09/03/24	NOVA Centurion March National Qualifier 2024	Nottingham	EM240290	1
100 Breaststroke	1:27.67	1:26.20	273	10/03/24	NOVA Centurion March National Qualifier 2024	Nottingham	EM240290	1
200 Breaststroke	3:18.60	3:15.90	252	05/05/24	SE West Midland Summer Championships 2024	Birmingham	WM240648	1
50 Butterfly	33.99	33.40	281	10/03/24	NOVA Centurion March National Qualifier 2024	Nottingham	EM240290	1
100 Butterfly	1:16.18	1:15.20	273	05/05/24	SE West Midland Summer Championships 2024	Birmingham	WM240648	1
50 Backstroke	33.46	32.90	348	27/04/24	SE West Midland Summer Championships 2024	Birmingham	WM240647	1
100 Backstroke	1:14.06	1:13.00	338	10/03/24	NOVA Centurion March National Qualifier 2024	Nottingham	EM240290	1
200 Backstroke	2:43.10	2:41.00	323	06/05/24	SE West Midland Summer Championships 2024	Birmingham	WM240648	1
200 Individual Medley	2:41.30	2:38.80	353	09/03/24	NOVA Centurion March National Qualifier 2024	Nottingham	EM240290	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.98	28.70	374	17/03/24	Wolverhampton SC Spring Open Meet 2024	Wolverhampton	WM240184	3
100 Freestyle	1:03.73	1:05.00	348	20/01/24	Shropshire ASA County Championships 2024	Wolverhampton	WM240105	2
200 Freestyle	2:25.01	2:27.40	321	20/01/24	Shropshire ASA County Championships 2024	Wolverhampton	WM240105	2
400 Freestyle	5:12.46	5:16.90	313	21/01/24	Shropshire ASA County Championships 2024	Wolverhampton	WM240105	2
800 Freestyle	9:54.05	10:03.70	415	16/06/24	Shropshire ASA Summer Meet 2024	Wolverhampton	WM240836	3
1500 Freestyle	20:04.67	20:21.70	347	12/05/24	Wellington (Telford) ASC May Time Trials 2024	Wellington	WM240898	4
50 Breaststroke	37.63	38.50	291	28/01/24	Shropshire ASA County Championships 2024	Wolverhampton	WM240106	2
100 Breaststroke	1:25.17	1:26.60	273	20/01/24	Shropshire ASA County Championships 2024	Wolverhampton	WM240105	2
200 Breaststroke	3:08.64	3:11.40	258	27/01/24	Shropshire ASA County Championships 2024	Wolverhampton	WM240106	2
50 Butterfly	32.63	33.20	296	28/01/24	Shropshire ASA County Championships 2024	Wolverhampton	WM240106	2
100 Butterfly	1:13.98	1:15.00	269	17/03/24	Wolverhampton SC Spring Open Meet 2024	Wolverhampton	WM240184	3
50 Backstroke	33.00	33.60	300	03/02/24	Shropshire ASA County Championships 2024	Wolverhampton	WM240107	2
100 Backstroke	1:10.65	1:11.80	320	17/03/24	Wolverhampton SC Spring Open Meet 2024	Wolverhampton	WM240184	3
200 Backstroke	2:38.56	2:40.70	295	17/03/24	Wolverhampton SC Spring Open Meet 2024	Wolverhampton	WM240184	3
200 Individual Medley	2:38.16	2:40.60	333	17/03/24	Wolverhampton SC Spring Open Meet 2024	Wolverhampton	WM240184	3
100 Individual Medley	1:14.32	1:14.30	291	21/01/24	Shropshire ASA County Championships 2024	Wolverhampton	WM240105	2