

Individual Best Times (All Time)

Rachael O'Donnell - (149356) - Garioch ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.21	26.40	653	12/04/13	SG National Age Group Championships	Edinburgh	SCO710	1
100 Freestyle	57.28	55.80	735	06/04/14	Scottish Gas National Open Championships	Glasgow	SCO825	1
200 Freestyle	2:02.27	1:59.40	786	03/04/14	Scottish Gas National Open Championships	Glasgow	SCO825	1
400 Freestyle	4:28.46	4:23.20	674	20/10/12	Lincoln Vulcans SC LC Open Meet	Sheffield	EM2315	1
800 Freestyle	10:14.99	10:05.50	489	11/04/08	Scottish Age Group Champs	Glasgow	SCO294	1
50 Breaststroke	33.20	32.20	677	02/03/14	2014 ISM Berlin	Berlin	GB4013	1
100 Breaststroke	1:10.97	1:09.20	737	02/02/14	East District Open incorporating Grand Prix	Edinburgh	SCO804	1
200 Breaststroke	2:31.99	2:28.50	741	01/02/14	East District Open incorporating Grand Prix	Edinburgh	SCO804	1
50 Butterfly	30.68	30.10	504	03/07/11	Scottish Gas National Open Championships	Glasgow	SCO536	1
100 Butterfly	1:02.89	1:01.70	686	28/06/12	SG National Open Championships 2012	Edinburgh	SCO637	1
200 Butterfly	2:19.28	2:17.00	668	30/06/12	SG National Open Championships 2012	Edinburgh	SCO637	1
50 Backstroke	35.55	35.00	431	16/11/08	Potobello LC Prize Meet	Edinburgh	SCO326	2
100 Backstroke	1:07.11	1:05.90	623	12/01/14	East District Age Group Championships	Edinburgh	SCO799	1
200 Backstroke	2:29.46	2:27.20	559	29/05/10	Co Sunderland 2nd Open Meet	Sunderland	NE0381	1
200 Individual Medley	2:16.10	2:13.20	795	04/04/14	Scottish Gas National Open Championships	Glasgow	SCO825	1
400 Individual Medley	5:11.26	5:05.60	623	11/04/10	Scottish Nationals Meet	Glasgow	SCO420	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.58	27.40	642	30/10/11	Carnegie Winter Meet	Glenrothes	SCO554	2
100 Freestyle	55.98	57.50	723	13/12/13	Scottish National Short Course Open Meet	Edinburgh	SCO791	1
200 Freestyle	1:59.66	2:02.50	783	15/12/13	Scottish National Short Course Open Meet	Edinburgh	SCO791	1
400 Freestyle	4:14.16	4:19.60	753	14/12/13	Scottish National Short Course Open Meet	Edinburgh	SCO791	1
800 Freestyle	8:58.31	9:08.90	697	03/11/12	East District Age Group Championships	Bathgate	SCO660	1
1500 Freestyle	18:46.73	19:04.90	523	08/02/09	East District Age Group	Glenrothes	SCO337	1
50 Breaststroke	34.70	35.60	546	09/09/12	Garioch 200 Open Meet 2012	Aberdeenshire	SCO641	2
100 Breaststroke	1:08.14	1:10.00	766	13/12/13	Scottish National Short Course Open Meet	Edinburgh	SCO791	1
200 Breaststroke	2:28.68	2:32.20	741	15/12/13	Scottish National Short Course Open Meet	Edinburgh	SCO791	1
50 Butterfly	29.56	30.20	561	09/09/12	Garioch 200 Open Meet 2012	Aberdeenshire	SCO641	2
100 Butterfly	1:01.39	1:02.60	682	15/12/12	Scottish Gas National SC Championships	Edinburgh	SCO681	1
200 Butterfly	2:13.26	2:15.60	723	16/12/11	Scottish Gas National Short Course Open	Inverness	SCO574	1
50 Backstroke	31.68	32.30	506	08/09/12	Garioch 200 Open Meet 2012	Aberdeenshire	SCO641	2
100 Backstroke	1:04.52	1:05.80	615	20/03/11	East District Age Group Championships	Glenrothes	SCO501	1
200 Backstroke	2:19.93	2:22.30	614	06/12/11	SASA East District Age Groups	Glenrothes	SCO568	1
200 Individual Medley	2:12.10	2:15.00	785	13/12/13	Scottish National Short Course Open Meet	Edinburgh	SCO791	1
400 Individual Medley	4:51.11	4:57.10	703	02/11/13	East District Age Group Championships	Glenrothes	SCO775	1
100 Individual Medley	1:02.31	1:02.30	745	14/12/13	Scottish National Short Course Open Meet	Edinburgh	SCO791	1