

Individual Best Times (All Time)

Isaac Mendham - (1493473) - Chelmsford City SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.46	28.70	357	25/02/24	2024 Essex County Age Group Championships	London	ER240055	1
100 Freestyle	1:05.03	1:03.70	374	25/02/24	2024 Essex County Age Group Championships	London	ER240055	1
200 Freestyle	2:20.04	2:17.50	386	06/05/24	Swim England East Region LC Championships 2024	Norwich	ER240237	1
400 Freestyle	4:47.66	4:42.70	447	12/05/24	Swim England East Region LC Championships 2024	Norwich	ER240238	1
800 Freestyle	9:57.52	9:47.80	433	19/04/24	Swim England East Region LC Championships 2024	Luton	ER240236	1
50 Breaststroke	36.87	36.00	348	24/02/24	2024 Essex County Age Group Championships	London	ER240055	1
100 Breaststroke	1:21.33	1:19.80	342	13/01/24	2024 Essex County Age Group Championships	London	ER240054	1
200 Breaststroke	2:57.23	2:54.20	354	24/02/24	2024 Essex County Age Group Championships	London	ER240055	1
50 Butterfly	33.88	33.30	284	13/01/24	2024 Essex County Age Group Championships	London	ER240054	1
100 Butterfly	1:41.07	1:40.30	117	10/04/22	Crawley SC Spring L1 Open Meet 2022	Crawley	SE220443	1
50 Backstroke	33.49	32.90	347	24/02/24	2024 Essex County Age Group Championships	London	ER240055	1
100 Backstroke	1:10.35	1:09.20	394	11/05/24	Swim England East Region LC Championships 2024	Norwich	ER240238	1
200 Backstroke	2:25.98	2:23.70	450	12/05/24	Swim England East Region LC Championships 2024	Norwich	ER240238	1
200 Individual Medley	2:31.91	2:29.30	422	06/05/24	Swim England East Region LC Championships 2024	Norwich	ER240237	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.20	29.90	329	17/03/24	Basildon Spring Regional Qualifier 2024	Basildon	ER240455	3
100 Freestyle	1:03.75	1:05.00	347	01/06/24	Chelmsford Nicki Wiseman Summer Sprints Meet 2024	Chelmsford City	ER240735	4
200 Freestyle	2:13.58	2:16.20	411	23/06/24	Hatfield Summer Meet 2024	Hatfield	ER240174	2
400 Freestyle	5:01.53	5:06.20	348	23/09/23	Chelmsford City Club Champs 2023	Riverside	ER231553	4
800 Freestyle	10:08.32	10:17.80	387	19/03/24	Chelmsford City Club Champs 2024 800m & 1500m	Chelmsford City	ER240596	3
1500 Freestyle	18:47.68	19:05.80	423	26/03/24	Chelmsford City Club Champs 2024 800m & 1500m	Chelmsford City	ER240597	3
50 Breaststroke	35.91	36.80	335	01/06/24	Chelmsford Nicki Wiseman Summer Sprints Meet 2024	Chelmsford City	ER240735	4
100 Breaststroke	1:19.55	1:21.10	335	26/11/23	Chelmsford City Robin Springett Meet 2023	Riverside LC	ER231946	3
200 Breaststroke	2:57.14	3:00.10	312	25/11/23	Chelmsford City Robin Springett Meet 2023	Riverside LC	ER231946	3
50 Butterfly	33.60	34.20	271	17/03/24	Basildon Spring Regional Qualifier 2024	Basildon	ER240455	3
100 Butterfly	1:21.60	1:22.50	200	26/02/23	Essex Age Group County Championships 2023	Basildon	ER230023	2
50 Backstroke	31.84	32.50	334	23/06/24	Hatfield Summer Meet 2024	Hatfield	ER240174	2
100 Backstroke	1:08.02	1:09.20	358	22/06/24	Hatfield Summer Meet 2024	Hatfield	ER240174	2
200 Backstroke	2:22.47	2:24.80	407	23/06/24	Hatfield Summer Meet 2024	Hatfield	ER240174	2
200 Individual Medley	2:28.02	2:30.70	406	22/06/24	Hatfield Summer Meet 2024	Hatfield	ER240174	2
100 Individual Medley	1:10.56	1:10.60	340	01/06/24	Chelmsford Nicki Wiseman Summer Sprints Meet 2024	Chelmsford City	ER240735	4