

Individual Best Times (All Time)

Erica Bancroft - (1492312) - Chester-Le-Street SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	37.83	37.30	243	20/01/24	City of Sunderland ASC New Year Meet 2024	Sunderland	NE240152	1
100 Freestyle	1:22.60	1:21.60	245	21/01/24	City of Sunderland ASC New Year Meet 2024	Sunderland	NE240152	1
200 Freestyle	2:56.20	2:54.20	262	20/01/24	City of Sunderland ASC New Year Meet 2024	Sunderland	NE240152	1
50 Breaststroke	48.63	48.00	215	21/01/24	City of Sunderland ASC New Year Meet 2024	Sunderland	NE240152	1
100 Breaststroke	1:42.33	1:41.10	246	18/02/24	Northumberland & Durham SA County Championships 24	Sunderland	NE240248	1
200 Breaststroke	3:38.11	3:35.70	250	21/01/24	City of Sunderland ASC New Year Meet 2024	Sunderland	NE240152	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	36.37	36.90	250	17/09/23	Richmond Dales Iain Young Back to Pool Gala 2023	Middlesborough	NE231716	3
100 Freestyle	1:20.61	1:21.60	242	22/10/23	Chester-le-Street ASC Junior Meet	Chester-le-Street	NE232239	3
200 Freestyle	2:51.81	2:53.80	264	22/10/23	Chester-le-Street ASC Junior Meet	Chester-le-Street	NE232239	3
400 Freestyle	6:14.17	6:17.90	236	24/09/23	Gateshead & Whickham Summer Meet 2023	Gateshead	NE231703	3
50 Breaststroke	46.11	46.80	232	07/04/24	Chester-le-street Open Meet 2024	Chester le Street	NE240794	3
100 Breaststroke	1:40.81	1:42.10	236	21/10/23	Chester-le-Street ASC Junior Meet	Chester-le-Street	NE232239	3
200 Breaststroke	3:34.72	3:37.20	246	02/06/24	Wear Valley June Velocity Level 3 Meet 2024	Bishop Auckland	NE240991	3
50 Butterfly	42.62	43.10	187	02/06/24	Wear Valley June Velocity Level 3 Meet 2024	Bishop Auckland	NE240991	3
100 Butterfly	1:37.86	1:38.60	168	06/04/24	Chester-le-street Open Meet 2024	Chester le Street	NE240794	3
50 Backstroke	42.78	43.20	205	06/04/24	Chester-le-street Open Meet 2024	Chester le Street	NE240794	3
100 Backstroke	1:47.00	1:47.80	134	26/11/22	Tynemouth ASC Winter Gala 2022	North Shields	NE222298	3
200 Backstroke	3:26.34	3:28.00	191	19/03/23	Gateshead & Whickham ASC NER Qualifier Meet 2023	Gateshead	NE230332	3
200 Individual Medley	3:14.00	3:16.00	247	07/04/24	Chester-le-street Open Meet 2024	Chester le Street	NE240794	3
100 Individual Medley	1:29.31	1:29.30	253	02/06/24	Wear Valley June Velocity Level 3 Meet 2024	Bishop Auckland	NE240991	3