

Individual Best Times (All Time)

Jessica Dawes - (1490420) - Flitwick Dolphins SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
100 Freestyle	1:45.67	1:44.90	117	28/01/24	Bedfordshire County Championships 2024	Luton	ER240170	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	45.16	45.60	130	24/03/24	Linslade Crusaders Mad March Meet 2024	Bletchley	ER240212	3
100 Freestyle	1:50.09	1:50.90	95	18/11/23	Putteridge SC Winter Short Course Open 2023	Luton	ER230781	3
200 Freestyle	3:44.39	3:45.90	118	24/03/24	Linslade Crusaders Mad March Meet 2024	Bletchley	ER240212	3
50 Breaststroke	57.62	58.20	119	23/03/24	Linslade Crusaders Mad March Meet 2024	Bletchley	ER240212	3
200 Breaststroke	4:37.77	4:39.70	113	23/03/24	Linslade Crusaders Mad March Meet 2024	Bletchley	ER240212	3
50 Butterfly	57.38	57.70	76	24/03/24	Linslade Crusaders Mad March Meet 2024	Bletchley	ER240212	3
50 Backstroke	51.89	52.30	115	23/03/24	Linslade Crusaders Mad March Meet 2024	Bletchley	ER240212	3
100 Backstroke	1:50.78	1:51.50	121	23/03/24	Linslade Crusaders Mad March Meet 2024	Bletchley	ER240212	3
200 Backstroke	4:00.65	4:02.00	120	23/03/24	Linslade Crusaders Mad March Meet 2024	Bletchley	ER240212	3
200 Individual Medley	4:17.27	4:18.80	106	23/03/24	Linslade Crusaders Mad March Meet 2024	Bletchley	ER240212	3
100 Individual Medley	1:56.52	1:56.50	114	24/03/24	Linslade Crusaders Mad March Meet 2024	Bletchley	ER240212	3