

Individual Best Times (All Time)

Dylan Cook - (1490334) - South Croydon SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.71	32.10	261	17/06/23	Wandsworth SC Summer Open Meet 2023	Crawley	LR230513	3
100 Freestyle	1:15.29	1:14.20	241	18/06/23	Wandsworth SC Summer Open Meet 2023	Crawley	LR230513	3
50 Butterfly	41.15	40.70	158	18/06/23	Wandsworth SC Summer Open Meet 2023	Crawley	LR230513	3
50 Backstroke	41.76	41.30	179	17/06/23	Wandsworth SC Summer Open Meet 2023	Crawley	LR230513	3
100 Backstroke	1:33.01	1:32.10	170	18/06/23	Wandsworth SC Summer Open Meet 2023	Crawley	LR230513	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.44	33.10	240	17/03/24	Croydon Borough SA Annual Champs & AG Comp 2024	Whitgift School	LR240053	4
100 Freestyle	1:08.74	1:09.90	277	17/03/24	Croydon Borough SA Annual Champs & AG Comp 2024	Whitgift School	LR240053	4
200 Freestyle	2:35.28	2:37.50	262	16/03/24	Croydon Borough SA Annual Champs & AG Comp 2024	Whitgift School	LR240053	4
400 Freestyle	5:41.48	5:45.60	240	16/03/24	Croydon Borough SA Annual Champs & AG Comp 2024	Whitgift School	LR240053	4
800 Freestyle	11:54.02	12:02.10	239	17/11/23	Sutton & Cheam and S Croydon Club Champs 2023	Carshalton	LR231949	4
50 Breaststroke	1:07.91	1:08.40	49	30/11/19	SCSC Club Championships 2019	Whitgift School Pool	LR192371	4
50 Butterfly	39.60	40.10	165	02/12/23	Teddington Winter County Qualifier Open Meet 2023	Xcel Leisure, Walton	LR231700	3
50 Backstroke	40.62	41.10	161	02/12/23	Teddington Winter County Qualifier Open Meet 2023	Xcel Leisure, Walton	LR231700	3
100 Backstroke	1:27.58	1:28.50	168	21/05/23	East Grinstead SC Open Meet 2023	Crawley	SE230253	3
100 Individual Medley	1:24.70	1:24.70	196	16/03/24	Croydon Borough SA Annual Champs & AG Comp 2024	Whitgift School	LR240053	4