

Individual Best Times (All Time)

Isaac Mcadie - (1489813) - City of Swansea Aquatics Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	48.07	47.60	82	12/06/22	Torfaen Dolphins Long Course	Cardiff	WL220739	3
100 Freestyle	1:24.53	1:23.50	170	18/05/24	Tiger Bay Open Meet 2024	Cardiff	WL240162	3
200 Freestyle	3:05.49	3:03.60	166	11/02/24	Swim Wales Regional Racing Series - West 2024	Swansea	WL240022	1
50 Breaststroke	56.88	56.30	94	18/05/24	Tiger Bay Open Meet 2024	Cardiff	WL240162	3
100 Breaststroke	2:18.58	2:17.70	69	02/07/23	Keith Bewley Memorial Open Meet 2023	Cardiff	WL230297	3
50 Butterfly	48.58	48.20	96	18/05/24	Tiger Bay Open Meet 2024	Cardiff	WL240162	3
50 Backstroke	43.34	42.90	160	09/02/24	Swim Wales Regional Racing Series - West 2024	Swansea	WL240022	1
100 Backstroke	1:34.54	1:33.70	162	18/05/24	Tiger Bay Open Meet 2024	Cardiff	WL240162	3
200 Backstroke	3:42.33	3:40.80	127	02/07/23	Keith Bewley Memorial Open Meet 2023	Cardiff	WL230297	3
200 Individual Medley	4:16.08	4:14.50	88	02/07/23	Keith Bewley Memorial Open Meet 2023	Cardiff	WL230297	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	37.95	38.50	149	10/12/23	Carmarthen & District Christmas Open Meet 2023	Carmarthen	WL232015	3
100 Freestyle	1:27.07	1:28.00	136	10/12/23	Carmarthen & District Christmas Open Meet 2023	Carmarthen	WL232014	2
200 Freestyle	3:08.09	3:09.90	147	14/01/24	Nofio Sir Gar Performance Swimming's Open Meet 24	Carmarthen	WL240161	3
50 Breaststroke	58.88	59.40	76	10/12/23	Carmarthen & District Christmas Open Meet 2023	Carmarthen	WL232015	3
100 Breaststroke	2:02.95	2:04.00	90	14/01/24	Nofio Sir Gar Performance Swimming's Open Meet 24	Carmarthen	WL240161	3
50 Butterfly	51.22	51.60	76	10/12/23	Carmarthen & District Christmas Open Meet 2023	Carmarthen	WL232015	3
50 Backstroke	44.00	44.50	126	14/01/24	Nofio Sir Gar Performance Swimming's Open Meet 24	Carmarthen	WL240161	3
100 Backstroke	1:56.75	1:57.40	70	01/10/22	Swansea Aquatics Club Championships 2022	Swansea	WL221691	3
200 Individual Medley	3:51.33	3:53.00	106	08/10/23	Llanelli ASC Autumn Meet 2023	Llanelli	WL230637	3
100 Individual Medley	1:46.46	1:46.50	99	30/09/23	City of Swansea Aquatics Club Championships 2023	Swansea	WL230624	3