

Individual Best Times (All Time)

Isla Jago - (1485744) - Dursley Dolphins

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.33	28.60	521	13/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240061	1
100 Freestyle	1:04.23	1:02.90	521	15/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240062	1
200 Freestyle	2:26.30	2:23.90	458	17/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240063	1
400 Freestyle	5:07.97	5:03.40	446	16/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240062	1
50 Breaststroke	38.91	38.10	420	15/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240062	1
100 Breaststroke	1:26.57	1:25.10	406	27/04/24	SE SWR Summer Championships 2024	Millfield	SW240587	1
50 Butterfly	32.59	32.00	421	13/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240061	1
100 Butterfly	1:31.60	1:30.80	222	29/01/22	Gloucester County Championships 2022	Hengrove LC	SW220073	1
50 Backstroke	33.01	32.40	538	16/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240062	1
100 Backstroke	1:10.68	1:09.50	533	27/04/24	SE SWR Summer Championships 2024	Millfield	SW240587	1
200 Backstroke	2:37.20	2:35.10	480	17/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240063	1
200 Individual Medley	2:42.91	2:40.50	463	20/04/24	SE SWR Summer Championships 2024	Bristol	SW240586	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.33	30.00	477	17/12/23	City of Bristol L3 Christmas Cracker 2023	Hengrove Park	SW231965	3
100 Freestyle	1:04.68	1:06.00	468	16/12/23	City of Bristol L3 Christmas Cracker 2023	Hengrove Park	SW231965	3
200 Freestyle	2:20.46	2:22.90	484	30/03/24	Soundwell SC Regional Qualifier	Weston-Super-Mare	SW240364	3
400 Freestyle	4:57.38	5:02.10	470	16/12/23	City of Bristol L3 Christmas Cracker 2023	Hengrove Park	SW231965	3
50 Breaststroke	38.27	39.10	407	17/12/23	City of Bristol L3 Christmas Cracker 2023	Hengrove Park	SW231965	3
100 Breaststroke	1:24.32	1:25.80	404	30/03/24	Soundwell SC Regional Qualifier	Weston-Super-Mare	SW240364	3
50 Butterfly	32.28	32.90	430	30/03/24	Soundwell SC Regional Qualifier	Weston-Super-Mare	SW240364	3
100 Butterfly	1:17.76	1:18.70	335	31/03/24	Soundwell SC Regional Qualifier	Weston-Super-Mare	SW240364	3
50 Backstroke	32.05	32.70	488	17/12/23	City of Bristol L3 Christmas Cracker 2023	Hengrove Park	SW231965	3
100 Backstroke	1:09.44	1:10.60	493	16/12/23	City of Bristol L3 Christmas Cracker 2023	Hengrove Park	SW231965	3
200 Backstroke	2:35.56	2:37.70	446	17/12/23	City of Bristol L3 Christmas Cracker 2023	Hengrove Park	SW231965	3
200 Individual Medley	2:40.64	2:43.10	436	16/12/23	City of Bristol L3 Christmas Cracker 2023	Hengrove Park	SW231965	3
100 Individual Medley	1:23.90	1:23.90	305	28/05/22	Southwold ASC May L3 Meet	Gloucester	SW220635	3