

Individual Best Times (All Time)

Lois Anderton - (1484650) - Stretford SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	34.07	33.50	332	04/12/21	City of Manchester Aquatics Arena Snowpen 2021	Manchester	NW211519	3
100 Freestyle	1:09.08	1:07.90	419	05/02/23	Lancashire County Age Groups & Championships 2023	Liverpool	NW230072	1
200 Freestyle	2:26.81	2:24.40	454	17/03/24	City of Manchester International Swim Meet 2024	Manchester	NW240474	1
400 Freestyle	5:05.77	5:01.10	456	28/01/23	Lancashire County Age Groups & Championships 2023	Liverpool	NW230071	1
50 Butterfly	39.78	39.30	231	25/06/23	City of Leeds Summer Meet 2023	Leeds	NE230115	3
50 Backstroke	40.99	40.50	281	25/06/23	City of Leeds Summer Meet 2023	Leeds	NE230115	3
100 Backstroke	1:24.31	1:23.30	314	25/06/23	City of Leeds Summer Meet 2023	Leeds	NE230115	3
200 Individual Medley	3:05.00	3:02.90	316	05/12/21	City of Manchester Aquatics Arena Snowpen 2021	Manchester	NW211519	3
400 Individual Medley	5:53.22	5:48.20	426	14/05/23	SE North West Regional Summer Championships 2023	Liverpool	NW230691	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.44	32.10	387	03/12/23	Stretford ASC Club Championships 2023	Stretford	NW232590	4
100 Freestyle	1:07.04	1:08.30	421	11/03/23	BCM SWPA Spring Meet 2023	Wigan	NW230441	3
200 Freestyle	2:19.44	2:21.90	495	03/03/24	Burnley Bobcats 2024	Darwen	NW240098	3
400 Freestyle	5:00.07	5:04.70	457	02/03/24	Burnley Bobcats 2024	Darwen	NW240098	3
800 Freestyle	10:47.19	10:56.10	401	07/12/23	Stretford ASC Club Championships 2023	Stretford	NW232591	4
50 Breaststroke	46.81	47.50	222	05/03/22	Burnley Bobcats 'Racing for Regionals' 2022	Darwen	NW220335	3
100 Breaststroke	1:39.68	1:40.90	244	02/07/22	Ramsbottom ASC Summer Fun Level 4 Meet	Bury	NW220868	4
50 Butterfly	38.05	38.50	263	12/06/22	Preston SC Summer Spectacular	Darwen	NW220659	3
100 Butterfly	1:24.75	1:25.60	259	03/07/22	Ramsbottom ASC Summer Fun Level 4 Meet	Bury	NW220868	4
50 Backstroke	39.28	39.80	265	11/06/22	Preston SC Summer Spectacular	Darwen	NW220659	3
100 Backstroke	1:20.32	1:21.30	319	10/09/23	Trafford Borough Early Bird Meet 2023	Stretford	NW231636	3
200 Individual Medley	2:47.52	2:49.90	384	03/12/23	Stretford ASC Club Championships 2023	Stretford	NW232590	4
400 Individual Medley	5:56.25	6:01.20	384	07/12/23	Stretford ASC Club Championships 2023	Stretford	NW232591	4
100 Individual Medley	1:20.18	1:20.20	350	17/12/23	Trafford Borough Christmas Cracker 2023	Stretford	NW232542	3