

Individual Best Times (All Time)

Zachary White - (1479639) - Croydon Amphibians SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.25	29.60	330	15/06/24	Crawley Summer Splash L3 Gala 2024	Crawley	SE241040	3
100 Freestyle	1:16.70	1:15.60	228	07/01/23	Crawley Speedo New Year LC L3 Gala 2023	Crawley	SE230183	3
50 Breaststroke	36.65	35.80	354	15/06/24	Crawley Summer Splash L3 Gala 2024	Crawley	SE241040	3
100 Breaststroke	1:41.80	1:40.60	174	07/01/23	Crawley Speedo New Year LC L3 Gala 2023	Crawley	SE230183	3
50 Backstroke	34.98	34.40	305	23/03/24	Newham & UEL SC National Qualifier Open Meet 2024	Stratford	LR240111	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.64	30.30	314	17/03/24	Croydon Borough SA Annual Champs & AG Comp 2024	Whitgift School	LR240053	4
100 Freestyle	1:06.15	1:07.40	311	16/03/24	Croydon Borough SA Annual Champs & AG Comp 2024	Whitgift School	LR240053	4
200 Freestyle	2:33.05	2:35.30	273	16/12/23	Sutton & Cheam Last Chance County Qualifier	Carshalton	LR232240	4
50 Breaststroke	37.53	38.40	293	19/05/24	Woking SC Octopus Meet 2024	Woking	SE240809	3
100 Breaststroke	1:22.19	1:23.70	304	19/05/24	Woking SC Octopus Meet 2024	Woking	SE240809	3
200 Breaststroke	3:48.60	3:50.90	145	12/06/22	Bromley SC Club Championships 2022	New Addington	LR220793	4
50 Butterfly	35.60	36.10	228	18/02/24	Croydon ASC Retro Club Championships 2023	South Croydon	LR240655	4
100 Butterfly	1:48.86	1:49.60	84	12/06/22	Bromley SC Club Championships 2022	New Addington	LR220792	4
50 Backstroke	35.53	36.10	240	19/05/24	Woking SC Octopus Meet 2024	Woking	SE240809	3
100 Backstroke	1:18.28	1:19.30	235	18/02/24	Croydon ASC Retro Club Championships 2023	South Croydon	LR240655	4
100 Individual Medley	1:23.67	1:23.70	204	08/10/23	Bromley Swimming Club Autumn Gold 2023	Crawley	LR231951	3