

# Individual Best Times (All Time)

Olivia Daines - (1479479) - Basildon and Phoenix SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	34.06	33.40	333	09/06/24	Bo Waltham Gators Early Summer LAC Gala 2024	London	LR240729	3
100 Backstroke	1:21.25	1:20.30	351	09/06/24	Bo Waltham Gators Early Summer LAC Gala 2024	London	LR240729	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.10	32.70	364	16/03/24	Basildon Spring Regional Qualifier 2024	Basildon	ER240455	3
100 Freestyle	1:10.28	1:11.50	365	19/05/24	Basildon & Phoenix Spring SC Meet 2024	Basildon	ER240790	3
800 Freestyle	11:42.22	11:50.40	314	25/11/23	Basildon & Phoenix 800m County/Regional Qualifier	Basildon	ER232297	3
50 Breaststroke	45.85	46.50	236	17/03/24	Basildon Spring Regional Qualifier 2024	Basildon	ER240455	3
50 Butterfly	35.47	36.00	324	16/03/24	Basildon Spring Regional Qualifier 2024	Basildon	ER240455	3
50 Backstroke	36.35	36.90	335	10/12/23	Basildon & Phoenix Last Chance County Qualifier 23	Basildon	ER232491	3
100 Backstroke	1:15.06	1:16.10	391	16/03/24	Basildon Spring Regional Qualifier 2024	Basildon	ER240455	3
200 Individual Medley	2:53.29	2:55.60	347	19/05/24	Basildon & Phoenix Spring SC Meet 2024	Basildon	ER240790	3