

Individual Best Times (All Time)

Gabriella Teasdale - (1477266) - City of Salford SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	33.60	33.00	346	11/02/24	Lancashire County Championships 2024	Manchester	NW240297	1
100 Freestyle	1:20.75	1:19.70	262	17/06/23	Lippepokal der Sparkasse an der Lippe	Luren	GBR2081	1
50 Breaststroke	41.16	40.40	355	27/01/24	Lancashire County Championships 2024	Manchester	NW240296	1
100 Breaststroke	1:32.54	1:31.20	332	28/04/24	SENW Regional Summer Championships 2024	Manchester	NW240305	1
200 Breaststroke	3:20.08	3:17.40	324	04/05/24	SENW Regional Summer Championships 2024	Manchester	NW240306	1
50 Butterfly	51.42	51.00	107	06/03/22	City of Sheffield Swim Squad March Madness Meet 22	Sheffield	NE220035	3
50 Backstroke	39.27	38.80	319	28/01/24	Lancashire County Championships 2024	Manchester	NW240296	1
100 Backstroke	1:29.28	1:28.40	264	30/04/23	SE North West Regional Summer Championships 2023	Liverpool	NW230690	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.05	33.70	333	03/03/24	City of Salford Spring Meet 2024	Salford	NW240303	3
100 Freestyle	1:15.37	1:16.50	296	02/03/24	City of Salford Spring Meet 2024	Salford	NW240303	3
50 Breaststroke	42.10	42.80	306	02/03/24	City of Salford Spring Meet 2024	Salford	NW240303	3
100 Breaststroke	1:30.94	1:32.30	322	03/03/24	City of Salford Spring Meet 2024	Salford	NW240303	3
200 Breaststroke	3:22.55	3:25.10	293	02/03/24	City of Salford Spring Meet 2024	Salford	NW240303	3
50 Butterfly	49.99	50.40	115	26/02/22	City of Salford SC Club Championships 2021/2	Broughton	NW220492	4
50 Backstroke	38.98	39.50	271	07/10/23	Bolton & Central Manchester S&WPA Autumn Meet 2023	Wigan	NW231622	3
100 Backstroke	1:23.50	1:24.50	284	23/03/24	BCM SWPA Spring Meet 2024	Wigan	NW240300	3
200 Backstroke	3:02.78	3:04.60	275	29/10/23	Co Salford Potential Olympian Halloween Meet 2023	Broughton	NW231631	3
100 Individual Medley	1:26.60	1:26.60	277	08/10/23	Bolton & Central Manchester S&WPA Autumn Meet 2023	Wigan	NW231622	3