

Individual Best Times (All Time)

Martin Cholakov - (1475541) - Harlow Penguin SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	37.47	38.00	155	15/06/24	Harlow Penguins 11th Eric Shepherd Meet 2024	Harlow	ER240914	3
100 Freestyle	1:23.28	1:24.30	156	15/06/24	Harlow Penguins 11th Eric Shepherd Meet 2024	Harlow	ER240914	3
200 Freestyle	3:03.96	3:05.80	157	15/06/24	Harlow Penguins 11th Eric Shepherd Meet 2024	Harlow	ER240914	3
50 Breaststroke	52.53	53.10	107	15/06/24	Harlow Penguins 11th Eric Shepherd Meet 2024	Harlow	ER240914	3
100 Breaststroke	1:58.06	1:59.10	102	15/06/24	Harlow Penguins 11th Eric Shepherd Meet 2024	Harlow	ER240914	3
50 Backstroke	47.84	48.30	98	23/03/24	Harlow & Bishops Stortford 2024 Regional Qualifier	Harlow	ER240144	3