

Individual Best Times (All Time)

Isabella Graham - (1473496) - West Dorset SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.93	29.20	490	10/03/24	Plymouth Leander March L1 National Qualifier 2024	Plymouth	SW240330	1
100 Freestyle	1:07.75	1:06.50	444	08/03/24	Plymouth Leander March L1 National Qualifier 2024	Plymouth	SW240330	1
50 Breaststroke	42.77	42.00	316	11/03/23	PL Early Spring National Qualifier L1 Meet 2023	Plymouth	SW230453	1
50 Backstroke	35.91	35.30	418	24/03/24	Winchester Spring Qualifier 2024	Winchester	SE240331	1
100 Backstroke	1:18.18	1:17.10	394	11/03/23	PL Early Spring National Qualifier L1 Meet 2023	Plymouth	SW230453	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.95	30.60	448	08/07/23	Dorset County Development Meet 2023	Littledown	SW230755	3
100 Freestyle	1:05.65	1:06.90	448	16/03/24	Swim Bournemouth Regional Prep' L2 Open Meet	Bournemouth	SW240250	2
200 Freestyle	2:26.99	2:29.30	422	08/07/23	Dorset County Development Meet 2023	Littledown	SW230755	3
400 Freestyle	5:17.64	5:22.00	386	09/07/23	Dorset County Development Meet 2023	Littledown	SW230755	3
50 Breaststroke	39.95	40.70	358	17/03/24	Swim Bournemouth Regional Prep' L2 Open Meet	Bournemouth	SW240250	2
100 Breaststroke	1:26.15	1:27.60	379	17/03/24	Swim Bournemouth Regional Prep' L2 Open Meet	Bournemouth	SW240250	2
200 Breaststroke	3:52.83	3:55.10	193	13/08/21	West Dorset	1610 Dorchester	LEX3773	0
50 Butterfly	36.35	36.90	301	02/12/23	West Dorset Yuletide Opener 2023	Dorchester	SW232235	3
100 Butterfly	1:47.04	1:47.80	128	13/08/21	West Dorset	1610 Dorchester	LEX3773	0
50 Backstroke	34.96	35.50	376	01/04/23	Seagulls Spring Level 3 Meet 2023	Dorchester	SW230383	3
100 Backstroke	1:16.01	1:17.10	376	19/11/23	Swim Bournemouth Winter Meet 2023	Littledown	SW231876	2
200 Backstroke	2:42.27	2:44.30	393	03/12/23	West Dorset Yuletide Opener 2023	Dorchester	SW232235	3
200 Individual Medley	2:50.91	2:53.20	362	02/06/24	West Dorset Whitsun Wave L3 2024	Dorchester	SW240672	3
100 Individual Medley	1:19.65	1:19.70	357	21/01/24	Dorset County 2024 Championships & AG Competition	Littledown	SW240064	2