

Individual Best Times (All Time)

Bethany Haworth - (1473101) - Blackpool Aquatics ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	35.09	34.50	304	12/02/23	Lancashire County Age Groups & Championships 2023	Liverpool	NW230073	1
200 Freestyle	3:00.30	2:58.40	245	30/04/23	SE North West Regional Summer Championships 2023	Liverpool	NW230690	1
50 Backstroke	37.00	36.50	382	27/04/24	SENW Regional Summer Championships 2024	Manchester	NW240305	1
200 Backstroke	3:04.58	3:02.80	296	10/02/24	Lancashire County Championships 2024	Manchester	NW240297	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.49	34.10	320	26/05/24	Blackpool Rocks 2024	Blackpool	NW240523	3
100 Freestyle	1:13.37	1:14.50	321	26/05/24	Blackpool Rocks 2024	Blackpool	NW240523	3
200 Freestyle	2:35.33	2:37.60	358	25/05/24	Blackpool Rocks 2024	Blackpool	NW240523	3
400 Freestyle	6:24.07	6:27.70	218	25/07/23	Blackpool Aquatics Freestyle Time Trials 2023	Blackpool	NW231627	4
50 Breaststroke	46.60	47.30	225	25/05/24	Blackpool Rocks 2024	Blackpool	NW240523	3
100 Breaststroke	1:49.25	1:50.40	185	01/07/23	North Lancs Development Meet 2023	Blackpool	NW231114	3
200 Breaststroke	3:27.03	3:29.60	274	06/06/24	Blackpool Aquatics Form Time Trial 2024	Blackpool	NW241307	3
50 Butterfly	37.37	37.90	277	26/05/24	Blackpool Rocks 2024	Blackpool	NW240523	3
100 Butterfly	1:24.29	1:25.20	263	26/05/24	Blackpool Rocks 2024	Blackpool	NW240523	3
200 Butterfly	3:19.37	3:21.00	215	06/06/24	Blackpool Aquatics Form Time Trial 2024	Blackpool	NW241307	3
50 Backstroke	37.34	37.90	309	25/05/24	Blackpool Rocks 2024	Blackpool	NW240523	3
100 Backstroke	1:20.74	1:21.70	314	25/05/24	Blackpool Rocks 2024	Blackpool	NW240523	3
200 Backstroke	2:52.36	2:54.30	328	26/05/24	Blackpool Rocks 2024	Blackpool	NW240523	3
200 Individual Medley	2:58.60	3:00.80	317	18/04/24	Blackpool Level 4 IM Time Trial 2024	Blackpool	NW240847	4
100 Individual Medley	1:23.06	1:23.10	314	25/05/24	Blackpool Rocks 2024	Blackpool	NW240523	3