

Individual Best Times (All Time)

Lola Bourner - (1471410) - Sevenoaks SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.14	31.50	396	09/03/24	Kent County Championships 2024	Stratford	LR240211	1
100 Freestyle	1:11.05	1:09.90	385	10/03/24	Kent County Championships 2024	Stratford	LR240211	1
200 Freestyle	2:33.07	2:30.80	400	10/03/24	Kent County Championships 2024	Stratford	LR240211	1
800 Freestyle	11:06.37	10:57.60	385	27/01/24	Kent County Championships 2024	Crawley	LR240208	1
50 Breaststroke	38.10	37.30	448	11/05/24	Romford Last Chance L1 National Qualifier Meet 24	Crawley	LR240632	1
100 Breaststroke	1:24.98	1:23.50	429	28/04/24	SE South East Region LC Championships 2024	Winchester	SE240685	1
200 Breaststroke	3:02.46	2:59.50	428	27/04/24	SE South East Region LC Championships 2024	Winchester	SE240685	1
50 Butterfly	35.94	35.40	314	11/05/24	Romford Last Chance L1 National Qualifier Meet 24	Crawley	LR240632	1
100 Butterfly	1:25.39	1:24.50	274	01/04/23	NUEL SC National Qualifier Open Meet 2023	Stratford	LR230468	1
200 Butterfly	3:15.16	3:13.50	243	12/02/23	Kent Swimming Championships 2023	Stratford	LR230203	1
50 Backstroke	36.26	35.70	406	27/04/24	SE South East Region LC Championships 2024	Winchester	SE240685	1
100 Backstroke	1:16.15	1:15.10	426	22/04/23	SE South East Region Summer Championships 2023	Winchester	SE230798	1
200 Backstroke	2:42.72	2:40.70	433	12/05/24	Romford Last Chance L1 National Qualifier Meet 24	Crawley	LR240632	1
200 Individual Medley	2:44.07	2:41.60	454	11/05/24	Romford Last Chance L1 National Qualifier Meet 24	Crawley	LR240632	1
400 Individual Medley	5:47.86	5:42.80	446	09/03/24	Kent County Championships 2024	Stratford	LR240211	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.36	32.00	390	16/12/23	Bromley SC Christmas Gold Meet 2023	Crawley	LR232497	3
100 Freestyle	1:08.12	1:09.30	401	19/11/23	Guildford City L2 Winter Open Meet 2023	Surrey Sports Park	SE231403	2
200 Freestyle	2:28.92	2:31.20	406	30/09/23	Sevenoaks SC Club Champs 2023	Sevenoaks	SE231692	4
400 Freestyle	5:11.39	5:15.90	409	17/12/23	Bromley SC Christmas Gold Meet 2023	Crawley	LR232497	3
800 Freestyle	10:37.98	10:47.00	419	09/10/23	Sevenoaks SC Club Champs 2023	Sevenoaks	SE231694	4
1500 Freestyle	20:23.20	20:40.00	409	18/10/23	Sevenoaks SC Club Champs 2023	Sevenoaks	SE231693	4
50 Breaststroke	37.74	38.60	424	21/04/24	SE South East Region LC Championships 2024	Crawley	SE240684	2
100 Breaststroke	1:23.24	1:24.70	420	16/03/24	Basildon Spring Regional Qualifier 2024	Basildon	ER240455	3
200 Breaststroke	3:00.98	3:03.90	411	29/03/24	RTW Monson Last Chance Regional Chaser 2024	Tunbridge Wells	SE240602	3
50 Butterfly	34.48	35.00	353	16/03/24	Basildon Spring Regional Qualifier 2024	Basildon	ER240455	3
100 Butterfly	1:20.12	1:21.10	307	30/09/23	Sevenoaks SC Club Champs 2023	Sevenoaks	SE231692	4
200 Butterfly	3:06.10	3:07.80	265	16/12/23	Bromley SC Christmas Gold Meet 2023	Crawley	LR232497	3
50 Backstroke	34.94	35.50	377	19/11/23	Guildford City L2 Winter Open Meet 2023	Surrey Sports Park	SE231403	2
100 Backstroke	1:13.37	1:14.50	418	20/04/24	SE South East Region LC Championships 2024	Crawley	SE240684	2
200 Backstroke	2:37.63	2:39.70	429	29/03/24	RTW Monson Last Chance Regional Chaser 2024	Tunbridge Wells	SE240602	3
200 Individual Medley	2:41.75	2:44.20	427	24/09/23	Sevenoaks SC Club Champs 2023	Sevenoaks	SE231691	4
400 Individual Medley	5:44.37	5:49.40	425	29/09/23	Sevenoaks SC Club Champs 2023	Sevenoaks	SE231692	4
100 Individual Medley	1:23.83	1:23.80	306	24/07/22	Black Lion SC	Medway Park	SE221198	3