

Individual Best Times (All Time)

Evie Sampson - (1469117) - Southport SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.88	30.20	446	12/02/23	Lancashire County Age Groups & Championships 2023	Liverpool	NW230073	1
100 Freestyle	1:07.46	1:06.20	450	05/02/23	Lancashire County Age Groups & Championships 2023	Liverpool	NW230072	1
200 Freestyle	2:23.38	2:20.90	487	02/04/23	City Of Liverpool National Meet 2023	Liverpool	NW230626	1
400 Freestyle	4:59.55	4:54.80	485	30/04/23	SE North West Regional Summer Championships 2023	Liverpool	NW230690	1
800 Freestyle	10:11.31	10:01.80	498	01/04/23	City Of Liverpool National Meet 2023	Liverpool	NW230626	1
100 Breaststroke	1:31.36	1:30.00	345	05/02/23	Lancashire County Age Groups & Championships 2023	Liverpool	NW230072	1
50 Butterfly	31.36	30.70	472	11/02/24	Lancashire County Championships 2024	Manchester	NW240297	1
100 Butterfly	1:07.27	1:06.10	560	03/08/23	Swim England National Summer Meet 2023	Sheffield	ENG028	1
200 Butterfly	2:29.93	2:27.80	536	29/04/23	SE North West Regional Summer Championships 2023	Liverpool	NW230690	1
50 Backstroke	35.02	34.40	451	04/02/23	Lancashire County Age Groups & Championships 2023	Liverpool	NW230072	1
100 Backstroke	1:13.86	1:12.80	467	11/02/23	Lancashire County Age Groups & Championships 2023	Liverpool	NW230073	1
200 Backstroke	2:46.39	2:44.40	405	28/01/23	Lancashire County Age Groups & Championships 2023	Liverpool	NW230071	1
200 Individual Medley	2:44.62	2:42.20	449	28/01/23	Lancashire County Age Groups & Championships 2023	Liverpool	NW230071	1
400 Individual Medley	5:27.73	5:22.30	533	10/02/24	Lancashire County Championships 2024	Manchester	NW240297	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.92	30.60	450	07/11/23	Southport SC Club Championships 2023	Dunes LC	NW232388	4
100 Freestyle	1:04.04	1:05.30	483	06/01/24	Bobcats 'Last Chance County Qualifier' 2024	Darwen	NW240046	3
200 Freestyle	2:16.23	2:18.80	530	18/11/23	City of Bradford SC Winter Short Course Meet 2023	Leeds	NE230911	3
400 Freestyle	4:42.97	4:47.90	546	19/11/23	City of Bradford SC Winter Short Course Meet 2023	Leeds	NE230911	3
800 Freestyle	9:50.01	9:59.70	529	16/11/23	Southport SC Club Championships 2023	Dunes LC	NW232389	4
50 Breaststroke	44.88	45.60	252	04/11/21	Southport SC Club Championships	Dunes LC	NW211398	4
100 Breaststroke	1:28.42	1:29.80	350	15/10/22	Liverpool & District Age Group & Swimming Champs	Knowsley	NW221397	3
200 Breaststroke	3:24.50	3:27.10	284	07/09/21	Southport SC Back to the Pool	Dunes LC	NW210860	4
50 Butterfly	31.26	31.90	474	07/01/24	Bobcats 'Last Chance County Qualifier' 2024	Darwen	NW240046	3
100 Butterfly	1:06.56	1:07.70	535	07/11/23	Southport SC Club Championships 2023	Dunes LC	NW232388	4
200 Butterfly	2:23.69	2:25.90	576	09/11/23	Southport SC Club Championships 2023	Dunes LC	NW232388	4
50 Backstroke	33.97	34.60	410	10/11/22	Southport SC Club Championships	Dunes Leisure Centre	NW221957	4
100 Backstroke	1:11.65	1:12.80	449	25/06/23	Preston SC Summer Spectacular Meet 2023	Darwen	NW230702	3
200 Backstroke	2:39.20	2:41.30	417	08/11/22	Southport SC Club Championships	Dunes Leisure Centre	NW221956	4
200 Individual Medley	2:32.69	2:35.30	508	16/11/23	Southport SC Club Championships 2023	Dunes LC	NW232389	4
400 Individual Medley	5:24.50	5:29.90	508	14/11/23	Southport SC Club Championships 2023	Dunes LC	NW232389	4
100 Individual Medley	1:19.69	1:19.70	356	04/12/21	Preston SC Christmas Countdown	Darwen	NW211587	4