

Individual Best Times (All Time)

Ava Glynn - (1468444) - North Tyneside SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.34	29.60	471	18/02/24	Northumberland & Durham SA County Championships 24	Sunderland	NE240248	1
100 Freestyle	1:07.83	1:06.60	443	12/05/24	SE North East Regional Age Group Championships	Leeds	NE240252	1
200 Freestyle	2:31.92	2:29.60	409	02/07/23	City of Sunderland ASC Summer Splash 2023	Sunderland	NE231255	3
50 Breaststroke	41.23	40.50	353	27/04/24	SE North East Regional Age Group Championships	Leeds	NE240251	1
50 Butterfly	35.77	35.20	318	01/07/23	City of Sunderland ASC Summer Splash 2023	Sunderland	NE231255	3
50 Backstroke	34.06	33.50	490	17/02/24	Northumberland & Durham SA County Championships 24	Sunderland	NE240248	1
100 Backstroke	1:13.90	1:12.80	466	14/04/24	City of Sunderland National Qualifier 2024	Sunderland	NE240694	1
200 Backstroke	2:36.82	2:34.70	484	12/05/24	SE North East Regional Age Group Championships	Leeds	NE240252	1
200 Individual Medley	2:52.33	2:50.00	391	01/07/23	City of Sunderland ASC Summer Splash 2023	Sunderland	NE231255	3
400 Individual Medley	5:56.00	5:51.00	416	27/04/24	SE North East Regional Age Group Championships	Leeds	NE240251	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.93	30.60	449	19/05/24	Durham City Aquatics Sprint & Relay Meet 2024	Durham	NE240949	3
100 Freestyle	1:05.16	1:06.40	458	25/05/24	South Tyneside 2024 Spring Meet	South Shields	NE240614	3
200 Freestyle	2:24.64	2:27.00	443	24/03/24	Tynemouth ASC NER Qualifier	Tynemouth	NE240406	3
400 Freestyle	5:00.44	5:05.10	456	26/05/24	South Tyneside 2024 Spring Meet	South Shields	NE240614	3
800 Freestyle	10:26.96	10:36.10	441	15/03/24	Gateshead & Whickham ASC Spring Meet 2024	Gateshead	NE240550	3
50 Breaststroke	39.02	39.80	384	17/03/24	Gateshead & Whickham ASC Spring Meet 2024	Gateshead	NE240550	3
100 Breaststroke	1:29.76	1:31.20	335	18/11/23	Durham City Aquatics Medley Challenge 2023	Durham	NE232225	3
50 Butterfly	32.90	33.50	406	25/05/24	South Tyneside 2024 Spring Meet	South Shields	NE240614	3
100 Butterfly	1:15.33	1:16.30	369	26/05/24	South Tyneside 2024 Spring Meet	South Shields	NE240614	3
50 Backstroke	33.08	33.70	444	16/03/24	Gateshead & Whickham ASC Spring Meet 2024	Gateshead	NE240550	3
100 Backstroke	1:11.30	1:12.40	456	05/11/23	NE Regional Age Group Championships (25m) 2023	Sheffield	NE231347	2
200 Backstroke	2:32.71	2:34.90	472	12/04/24	Gateshead & Whickham ASC Spring Meet 2024	Gateshead	NE240550	3
200 Individual Medley	2:41.05	2:43.50	433	18/11/23	Durham City Aquatics Medley Challenge 2023	Durham	NE232225	3
400 Individual Medley	5:43.02	5:48.10	430	23/03/24	Tynemouth ASC NER Qualifier	Tynemouth	NE240406	3
100 Individual Medley	1:15.17	1:15.20	424	26/05/24	South Tyneside 2024 Spring Meet	South Shields	NE240614	3