

Individual Best Times (All Time)

Tom Mcdonald - (1468441) - North Tyneside SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.94	27.20	419	13/04/24	City of Sunderland National Qualifier 2024	Sunderland	NE240694	1
100 Freestyle	1:00.88	59.50	456	14/04/24	City of Sunderland National Qualifier 2024	Sunderland	NE240694	1
200 Freestyle	2:19.06	2:16.50	394	13/04/24	City of Sunderland National Qualifier 2024	Sunderland	NE240694	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.12	27.90	410	23/03/24	Tynemouth ASC NER Qualifier	Tynemouth	NE240406	3
100 Freestyle	58.54	59.90	449	15/06/24	Newcastle 10 Yr Anniversary Summer Sprint Meet 24	North Shields	NE241177	3
200 Freestyle	2:11.42	2:14.00	432	25/05/24	South Tyneside 2024 Spring Meet	South Shields	NE240614	3
50 Breaststroke	39.84	40.60	245	24/09/23	Gateshead & Whickham Summer Meet 2023	Gateshead	NE231703	3
100 Breaststroke	1:40.62	1:41.90	165	15/05/22	Wear Valley ASC	Bishop Auckland	NE220715	3
50 Butterfly	31.50	32.10	329	15/06/24	Newcastle 10 Yr Anniversary Summer Sprint Meet 24	North Shields	NE241177	3
50 Backstroke	34.08	34.70	273	15/06/24	Newcastle 10 Yr Anniversary Summer Sprint Meet 24	North Shields	NE241177	3
100 Backstroke	1:13.63	1:14.70	282	24/09/23	Gateshead & Whickham Summer Meet 2023	Gateshead	NE231703	3
200 Backstroke	2:41.19	2:43.20	281	24/09/23	Gateshead & Whickham Summer Meet 2023	Gateshead	NE231703	3
200 Individual Medley	2:41.00	2:43.40	315	13/01/24	Newcastle Swim Team County Qualifier Meet 2024	Tynemouth	NE240119	3
100 Individual Medley	1:11.33	1:11.30	329	25/05/24	South Tyneside 2024 Spring Meet	South Shields	NE240614	3