

Individual Best Times (All Time)

Thomas Caplen - (1458011) - Bridport Barracuda

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.58	26.80	435	10/03/24	Plymouth Leander March L1 National Qualifier 2024	Plymouth	SW240330	1
100 Freestyle	1:03.20	1:01.90	407	08/03/24	Plymouth Leander March L1 National Qualifier 2024	Plymouth	SW240330	1
50 Butterfly	31.07	30.50	368	15/06/24	City of Wells Open Meet 2024	Millfield	SW240551	3
50 Backstroke	34.49	33.90	318	28/05/23	AP Race International 2023	London	GBR2046	1
100 Backstroke	1:16.02	1:15.00	312	07/05/23	Swansea Aquatic May LC Meet	Swansea	WL230007	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.83	28.60	380	21/01/24	Dorset County 2024 Championships & AG Competition	Littledown	SW240064	2
100 Freestyle	1:00.92	1:02.30	398	02/03/24	Poole SC Regional Qualifier 2024 Level 3	Dorchester	SW240265	3
200 Freestyle	2:49.55	2:51.60	201	11/11/21	Bridport Barracudas Club Championships 2021	Bridport	SW210714	4
50 Breaststroke	53.49	54.10	101	05/07/21	Bridport Barracudas	Bridport	LEX3151	0
50 Butterfly	30.25	30.90	371	20/01/24	Dorset County 2024 Championships & AG Competition	Littledown	SW240064	2
100 Butterfly	1:18.44	1:19.40	226	15/01/23	Dorset County Championships 2023	Littledown	SW230025	2
200 Butterfly	3:42.85	3:44.30	110	15/07/21	Bridport Barracudas	Bridport	LEX3420	0
50 Backstroke	33.27	33.90	293	03/03/24	Poole SC Regional Qualifier 2024 Level 3	Dorchester	SW240265	3
100 Backstroke	1:12.11	1:13.20	301	17/06/23	Swim Bournemouth LL4 Summer Sprints	Littledown	SW230998	4
200 Backstroke	3:17.00	3:18.70	154	14/07/21	Bridport Barracudas	Bridport	LEX3420	0
200 Individual Medley	3:18.77	3:20.80	167	14/07/21	Bridport Barracudas	Bridport	LEX3420	0
100 Individual Medley	1:14.37	1:14.40	290	06/11/23	Bridport Barracudas Club Championships 2023	Bridport	SW232018	4