

Individual Best Times (All Time)

Ryan Hejraty - (1457565) - City of Leicester SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.18	31.50	274	24/03/24	Corby ASC Annual LC Open Meet 2024	Corby	EM240206	3
100 Freestyle	1:08.72	1:07.50	317	24/03/24	Corby ASC Annual LC Open Meet 2024	Corby	EM240206	3
200 Freestyle	2:28.77	2:26.40	322	19/05/24	Rotherham Metro Springtime Long Course Meet 2024	Sheffield	NE240230	3
400 Freestyle	5:17.15	5:12.70	334	18/05/24	Rotherham Metro Springtime Long Course Meet 2024	Sheffield	NE240230	3
800 Freestyle	10:53.10	10:44.20	331	08/04/23	SE East Midlands Region Distance Time Trial 2023	Loughborough	EM230556	1
50 Breaststroke	39.79	39.00	277	18/05/24	Rotherham Metro Springtime Long Course Meet 2024	Sheffield	NE240230	3
100 Breaststroke	1:27.73	1:26.30	272	18/05/24	Rotherham Metro Springtime Long Course Meet 2024	Sheffield	NE240230	3
200 Breaststroke	3:12.49	3:09.70	277	24/03/24	Corby ASC Annual LC Open Meet 2024	Corby	EM240206	3
50 Butterfly	37.83	37.30	204	19/05/24	Rotherham Metro Springtime Long Course Meet 2024	Sheffield	NE240230	3
50 Backstroke	39.75	39.20	207	09/07/23	Northampton SC Summer Festival 2023	Corby	EM230265	3
100 Backstroke	1:23.65	1:22.70	234	19/05/24	Rotherham Metro Springtime Long Course Meet 2024	Sheffield	NE240230	3
200 Individual Medley	2:50.51	2:48.20	298	18/05/24	Rotherham Metro Springtime Long Course Meet 2024	Sheffield	NE240230	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.38	31.10	292	31/03/24	The City of Leicester Age Group Meet 2024	Leicester	EM240125	3
100 Freestyle	1:08.74	1:09.90	277	10/02/24	Leicestershire County Age Groups & Champs 2024	Hinckley LC	EM240052	2
200 Freestyle	2:24.37	2:26.80	326	31/03/24	The City of Leicester Age Group Meet 2024	Leicester	EM240125	3
400 Freestyle	5:02.30	5:06.90	346	28/01/24	Leicestershire County Age Groups & Champs 2024	Hinckley LC	EM240050	2
800 Freestyle	10:22.92	10:32.10	360	04/02/24	Leicestershire County Age Groups & Champs 2024	Hinckley LC	EM240051	2
50 Breaststroke	38.28	39.10	276	23/06/24	The City of Leicester Summer Splash Meet	Leicester	EM240483	3
100 Breaststroke	1:24.75	1:26.20	277	22/06/24	The City of Leicester Summer Splash Meet	Leicester	EM240483	3
200 Breaststroke	2:59.73	3:02.60	298	23/06/24	The City of Leicester Summer Splash Meet	Leicester	EM240483	3
50 Butterfly	35.08	35.60	238	22/06/24	The City of Leicester Summer Splash Meet	Leicester	EM240483	3
100 Butterfly	1:52.96	1:53.60	75	26/09/21	City of Leicester 2021 Leicester Age Group Meet	Braunstone	EM210644	3
50 Backstroke	37.08	37.60	212	11/02/24	Leicestershire County Age Groups & Champs 2024	Hinckley LC	EM240052	2
100 Backstroke	1:30.07	1:31.00	154	02/12/22	Leicester Neptune SC Club Championships 2022	Leicester	EM222137	4
200 Backstroke	3:22.50	3:24.10	141	19/11/21	Leicester Neptune SC Club Championships	Parklands LC	EM211458	4
200 Individual Medley	2:55.72	2:58.00	242	02/04/23	City of Leicester Age Group Meet 2023	Leicester	EM230357	3
100 Individual Medley	1:18.57	1:18.60	246	11/02/24	Leicestershire County Age Groups & Champs 2024	Hinckley LC	EM240052	2