

Individual Best Times (All Time)

Ava Lendnau-Moulton - (1457042) - Wrexham Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.14	31.50	396	23/06/24	City of Sheffield Team Steel Meet 2024	Sheffield	NE240091	1
100 Freestyle	1:12.37	1:11.20	364	23/06/24	City of Sheffield Team Steel Meet 2024	Sheffield	NE240091	1
100 Breaststroke	1:39.09	1:37.80	271	22/06/24	City of Sheffield Team Steel Meet 2024	Sheffield	NE240091	1
50 Butterfly	34.93	34.40	342	22/06/24	City of Sheffield Team Steel Meet 2024	Sheffield	NE240091	1
100 Butterfly	1:27.01	1:26.10	259	10/02/24	Swim Wales Regional Racing Series - North 2024	Liverpool	WL240020	1
50 Backstroke	40.22	39.70	297	09/02/24	Swim Wales Regional Racing Series - North 2024	Liverpool	WL240020	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.11	33.70	332	22/10/23	Swim Conwy Autumn Meet 2023	Llandudno	WL232002	2
100 Freestyle	1:13.01	1:14.10	326	16/06/24	Wrexham Cath Ankers Meet 2024	Wrexham	WL240778	3
400 Freestyle	5:52.04	5:56.00	283	17/03/24	Swim Conwy Spring Meet 2024	Llandudno	WL240498	3
50 Breaststroke	45.48	46.20	242	17/03/24	Swim Conwy Spring Meet 2024	Llandudno	WL240498	3
100 Breaststroke	1:36.73	1:38.00	267	16/06/24	Wrexham Cath Ankers Meet 2024	Wrexham	WL240778	3
200 Breaststroke	3:45.84	3:48.20	211	18/03/23	Swim Conwy Spring Meet 2023	Llandudno	WL230458	3
50 Butterfly	35.74	36.30	317	17/03/24	Swim Conwy Spring Meet 2024	Llandudno	WL240498	3
100 Butterfly	1:21.63	1:22.60	290	16/06/24	Wrexham Cath Ankers Meet 2024	Wrexham	WL240778	3
50 Backstroke	39.60	40.10	259	21/10/23	Swim Conwy Autumn Meet 2023	Llandudno	WL232002	2
100 Backstroke	1:23.17	1:24.10	287	16/06/24	Wrexham Cath Ankers Meet 2024	Wrexham	WL240778	3
200 Individual Medley	3:03.79	3:05.90	291	03/12/23	Chirk Christmas Cracker 2023	Wrexham	WL232013	3
100 Individual Medley	1:22.84	1:22.80	317	16/06/24	Wrexham Cath Ankers Meet 2024	Wrexham	WL240778	3