

Individual Best Times (All Time)

Molly Boam - (1456993) - Buxton & District SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	38.84	38.30	224	27/04/24	Stocksbridge Pentaqua Spring Open Meet 2024	Sheffield	NE240231	3
100 Freestyle	1:24.72	1:23.70	227	27/04/24	Stocksbridge Pentaqua Spring Open Meet 2024	Sheffield	NE240231	3
200 Freestyle	3:07.24	3:05.40	218	13/01/24	Buxton LC Qualifier 2024	Derby	EM240028	3
50 Butterfly	42.20	41.70	194	27/04/24	Stocksbridge Pentaqua Spring Open Meet 2024	Sheffield	NE240231	3
100 Butterfly	1:35.70	1:34.90	194	27/04/24	Stocksbridge Pentaqua Spring Open Meet 2024	Sheffield	NE240231	3
50 Backstroke	43.57	43.10	234	14/01/24	Buxton LC Qualifier 2024	Derby	EM240028	3
100 Backstroke	1:35.05	1:34.20	219	14/01/24	Buxton LC Qualifier 2024	Derby	EM240028	3
200 Individual Medley	3:24.94	3:23.00	233	14/01/24	Buxton LC Qualifier 2024	Derby	EM240028	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	39.53	40.10	195	19/11/23	Buxton 2nd Autumn Open Meet 2023	Matlock	EM231375	3
100 Freestyle	1:22.45	1:23.50	226	19/05/24	Eckington Open Meet 2024	Eckington	EM240131	3
200 Freestyle	3:03.39	3:05.30	217	15/10/23	Buxton & District SC Club Championships 2023	Buxton	EM232276	4
400 Freestyle	6:51.46	6:54.90	177	18/12/22	Buxton & District SC Distance Time Trials Dec 2022	Buxton	EM222427	4
50 Breaststroke	53.62	54.20	148	19/05/24	Eckington Open Meet 2024	Eckington	EM240131	3
50 Butterfly	42.75	43.20	185	10/09/23	Buxton & District Sprint Time Trials Sept 2023	Buxton	EM232054	4
100 Butterfly	1:35.31	1:36.10	182	19/05/24	Eckington Open Meet 2024	Eckington	EM240131	3
50 Backstroke	42.37	42.80	211	19/05/24	Eckington Open Meet 2024	Eckington	EM240131	3
100 Backstroke	1:29.71	1:30.60	229	03/12/23	Chesterfield SC Winter Open Meet 2023	Matlock	EM231817	3
200 Individual Medley	3:18.57	3:20.60	231	10/06/23	Buxton 1st Summer Open Meet 2023	Matlock	EM230266	3
100 Individual Medley	1:35.78	1:35.80	205	02/12/23	Chesterfield SC Winter Open Meet 2023	Matlock	EM231817	3