

Individual Best Times (All Time)

Penny Horswill - (1455793) - Tewkesbury SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	35.77	35.20	287	31/01/22	Gloucester County Championships 2022	Hengrove LC	SW220074	1
100 Freestyle	1:13.15	1:12.00	353	15/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240062	1
200 Freestyle	2:45.54	2:43.40	316	18/01/23	Gloucestershire County Swimming Championships 2023	Bristol	SW230118	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.76	33.40	342	28/05/23	Southwold ASC May L3 Meet 2023	Gloucester	SW230625	3
100 Freestyle	1:11.63	1:12.80	345	21/10/23	Gloucester City SC Autumn L2 Open Meet 2023	Gloucester	SW231829	2
200 Freestyle	2:35.77	2:38.00	355	19/11/23	Cheltenham S&WPC Combined Club Winter Champs 2023	Cheltenham	SW231934	4
400 Freestyle	5:34.64	5:38.80	330	18/11/23	Cheltenham S&WPC Combined Club Winter Champs 2023	Cheltenham	SW231934	4
50 Breaststroke	45.20	45.90	247	24/09/23	Gloucester City SC Autumn Level 3 Sprint Meet 2023	Gloucester	SW231616	3
100 Breaststroke	1:43.19	1:44.40	220	19/11/23	Cheltenham S&WPC Combined Club Winter Champs 2023	Cheltenham	SW231934	4
50 Butterfly	39.60	40.10	233	19/11/23	Cheltenham S&WPC Combined Club Winter Champs 2023	Cheltenham	SW231934	4
100 Butterfly	1:44.47	1:45.20	138	09/10/22	CSWPC BROCK TEWKS Combined Club Championships	Cheltenham	SW221517	4
50 Backstroke	40.16	40.70	248	25/03/23	Soundwell SC L3 Regional Qualifier 2023	Weston-super-Mare	SW230244	3
100 Backstroke	1:31.95	1:32.80	212	08/10/22	CSWPC BROCK TEWKS Combined Club Championships	Cheltenham	SW221517	4
200 Individual Medley	3:23.48	3:25.40	214	20/05/22	Tewkesbury SC Summer Club Championships 2022	Tewkesbury	SW220632	4
100 Individual Medley	1:26.91	1:26.90	274	24/09/23	Gloucester City SC Autumn Level 3 Sprint Meet 2023	Gloucester	SW231616	3