

# Individual Best Times (All Time)

Eleanor Fothergill - (1455683) - Flixton SC

## Long Course

| Stroke                | LC Time  | Converted to SC | LC WA Pts | Date     | Meet                                        | Venue      | Licence  | Level |
|-----------------------|----------|-----------------|-----------|----------|---------------------------------------------|------------|----------|-------|
| 50 Freestyle          | 30.99    | 30.30           | 442       | 09/06/24 | City of Liverpool Splash and Dash Meet 2024 | Liverpool  | NW240533 | 3     |
| 100 Freestyle         | 1:07.00  | 1:05.70         | 459       | 28/01/24 | Lancashire County Championships 2024        | Manchester | NW240296 | 1     |
| 200 Freestyle         | 2:25.21  | 2:22.80         | 469       | 06/04/24 | Derby Excel April Meet                      | Sheffield  | EM240430 | 1     |
| 1500 Freestyle        | 21:29.21 | 21:13.10        | 363       | 16/03/24 | Richmond Dales ASC April Fool Gala 2024     | Leeds      | NE240123 | 3     |
| 50 Breaststroke       | 42.48    | 41.70           | 323       | 11/03/23 | Derventio eXcel Early March Meet 2023       | Sheffield  | EM230151 | 1     |
| 100 Breaststroke      | 1:34.10  | 1:32.70         | 316       | 10/02/24 | Lancashire County Championships 2024        | Manchester | NW240297 | 1     |
| 200 Breaststroke      | 3:15.85  | 3:13.10         | 346       | 04/08/23 | Swim Wales Summer Open 2023                 | Swansea    | WL230316 | 1     |
| 50 Butterfly          | 35.45    | 34.90           | 327       | 09/06/24 | City of Liverpool Splash and Dash Meet 2024 | Liverpool  | NW240533 | 3     |
| 100 Butterfly         | 1:17.88  | 1:16.90         | 361       | 27/01/24 | Lancashire County Championships 2024        | Manchester | NW240296 | 1     |
| 200 Butterfly         | 2:54.75  | 2:52.90         | 338       | 10/03/24 | City of Sheffield SS Premier Open Meet 2024 | Sheffield  | NE240033 | 1     |
| 50 Backstroke         | 39.12    | 38.60           | 323       | 09/06/24 | City of Liverpool Splash and Dash Meet 2024 | Liverpool  | NW240533 | 3     |
| 100 Backstroke        | 1:22.10  | 1:21.10         | 340       | 03/08/23 | Swim Wales Summer Open 2023                 | Swansea    | WL230316 | 1     |
| 200 Individual Medley | 2:49.44  | 2:47.10         | 412       | 07/04/24 | Derby Excel April Meet                      | Sheffield  | EM240430 | 1     |
| 400 Individual Medley | 5:55.39  | 5:50.40         | 418       | 10/02/24 | Lancashire County Championships 2024        | Manchester | NW240297 | 1     |

## Short Course

| Stroke                | SC Time  | Converted to LC | SC WA Pts | Date     | Meet                                              | Venue     | License  | Level |
|-----------------------|----------|-----------------|-----------|----------|---------------------------------------------------|-----------|----------|-------|
| 50 Freestyle          | 30.93    | 31.60           | 407       | 06/01/24 | Bobcats 'Last Chance County Qualifier' 2024       | Darwen    | NW240046 | 3     |
| 100 Freestyle         | 1:07.12  | 1:08.40         | 419       | 27/06/24 | Flixton ST Sprint Club Champs 2024                | Urmston   | NW240967 | 4     |
| 200 Freestyle         | 2:27.78  | 2:30.10         | 415       | 17/12/23 | Trafford Borough Christmas Cracker 2023           | Stretford | NW232542 | 3     |
| 400 Freestyle         | 6:13.53  | 6:17.30         | 237       | 03/11/22 | Flixton ST Distance Club Championships 2022       | Urmston   | NW222277 | 4     |
| 1500 Freestyle        | 20:54.44 | 21:10.80        | 379       | 12/11/23 | Flixton ST Distance Club Championships 2023       | Urmston   | NW232396 | 4     |
| 50 Breaststroke       | 41.23    | 42.00           | 325       | 17/12/23 | Trafford Borough Christmas Cracker 2023           | Stretford | NW232542 | 3     |
| 100 Breaststroke      | 1:27.81  | 1:29.20         | 358       | 15/06/24 | Flixton ST Sprint Club Champs 2024                | Urmston   | NW240966 | 4     |
| 200 Breaststroke      | 3:12.94  | 3:15.70         | 339       | 28/10/23 | Co Salford Potential Olympian Halloween Meet 2023 | Broughton | NW231631 | 3     |
| 50 Butterfly          | 34.47    | 35.00           | 353       | 15/06/24 | Flixton ST Sprint Club Champs 2024                | Urmston   | NW240966 | 4     |
| 100 Butterfly         | 1:14.81  | 1:15.80         | 377       | 27/06/24 | Flixton ST Sprint Club Champs 2024                | Urmston   | NW240967 | 4     |
| 200 Butterfly         | 3:01.28  | 3:03.00         | 287       | 09/11/23 | Flixton ST Distance Club Championships 2023       | Urmston   | NW232396 | 4     |
| 50 Backstroke         | 38.25    | 38.80           | 287       | 02/03/24 | City of Salford Spring Meet 2024                  | Salford   | NW240303 | 3     |
| 100 Backstroke        | 1:20.47  | 1:21.50         | 317       | 10/09/23 | Trafford Borough Early Bird Meet 2023             | Stretford | NW231636 | 3     |
| 200 Backstroke        | 2:48.77  | 2:50.70         | 350       | 29/10/23 | Co Salford Potential Olympian Halloween Meet 2023 | Broughton | NW231631 | 3     |
| 200 Individual Medley | 2:48.19  | 2:50.50         | 380       | 02/03/24 | City of Salford Spring Meet 2024                  | Salford   | NW240303 | 3     |
| 400 Individual Medley | 5:52.38  | 5:57.30         | 396       | 03/03/24 | City of Salford Spring Meet 2024                  | Salford   | NW240303 | 3     |
| 100 Individual Medley | 1:18.90  | 1:18.90         | 367       | 15/06/24 | Flixton ST Sprint Club Champs 2024                | Urmston   | NW240966 | 4     |