

Individual Best Times (All Time)

Samuel Escott - (1454871) - Poole SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.52	31.90	265	17/12/23	Winchester Winter Sparkler 2023	Winchester	SE232492	3
100 Freestyle	1:17.53	1:16.40	220	22/07/23	Winchester City Penguins Summer Scorcher 2023	Winchester	SE231199	3
200 Freestyle	3:10.66	3:08.80	153	02/04/22	City of Wells Open Meet	Millfield	SW220211	3
50 Breaststroke	47.97	47.30	158	22/07/23	Winchester City Penguins Summer Scorcher 2023	Winchester	SE231199	3
100 Breaststroke	2:06.28	2:05.30	91	03/04/22	City of Wells Open Meet	Millfield	SW220211	3
50 Butterfly	45.71	45.30	115	22/07/23	Winchester City Penguins Summer Scorcher 2023	Winchester	SE231199	3
100 Backstroke	1:26.92	1:26.00	209	22/07/23	Winchester City Penguins Summer Scorcher 2023	Winchester	SE231199	3
200 Backstroke	3:33.32	3:31.70	144	02/04/22	City of Wells Open Meet	Millfield	SW220211	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.06	31.70	273	26/05/24	Poole Swimming Club Champs 2024	Poole	SW240907	4
100 Freestyle	1:06.84	1:08.10	301	23/06/24	Poole Swimming Club Champs 2024	Poole	SW240908	4
200 Freestyle	2:27.76	2:30.10	304	03/03/24	Poole SC Regional Qualifier 2024 Level 3	Dorchester	SW240265	3
400 Freestyle	5:13.56	5:18.00	310	01/06/24	West Dorset Whitsun Wave L3 2024	Dorchester	SW240672	3
800 Freestyle	11:21.64	11:30.10	275	28/01/24	Dorset County 2024 Championships & AG Competition	Dorchester	SW240065	2
1500 Freestyle	22:54.05	23:09.00	234	12/11/23	Poole SC Club Champs 800m & 1500m 2023	Dolphin LC	SW232104	4
50 Breaststroke	41.10	41.90	223	26/05/24	Poole Swimming Club Champs 2024	Poole	SW240907	4
100 Breaststroke	1:33.99	1:35.30	203	22/06/24	Poole Swimming Club Champs 2024	Poole	SW240908	4
200 Breaststroke	3:24.45	3:27.00	203	22/06/24	Poole Swimming Club Champs 2024	Poole	SW240908	4
50 Butterfly	37.36	37.90	197	02/03/24	Poole SC Regional Qualifier 2024 Level 3	Dorchester	SW240265	3
100 Butterfly	1:26.14	1:27.00	170	23/06/24	Poole Swimming Club Champs 2024	Poole	SW240908	4
200 Butterfly	3:18.03	3:19.60	157	22/06/24	Poole Swimming Club Champs 2024	Poole	SW240908	4
50 Backstroke	34.24	34.80	269	03/03/24	Poole SC Regional Qualifier 2024 Level 3	Dorchester	SW240265	3
100 Backstroke	1:17.13	1:18.20	246	01/06/24	West Dorset Whitsun Wave L3 2024	Dorchester	SW240672	3
200 Backstroke	2:46.14	2:48.10	257	16/03/24	Swim Bournemouth Regional Prep' L2 Open Meet	Bournemouth	SW240250	2
200 Individual Medley	2:51.69	2:54.00	260	01/06/24	West Dorset Whitsun Wave L3 2024	Dorchester	SW240672	3
400 Individual Medley	7:05.00	7:09.10	168	24/06/23	Poole SC Club Champs 2023	Rossmore LC	SW230709	4
100 Individual Medley	1:20.19	1:20.20	232	26/05/24	Poole Swimming Club Champs 2024	Poole	SW240907	4