

# Individual Best Times (All Time)

Elsie Kay - (1454296) - Leyland Barracudas Swimming Club

## Long Course

| Stroke                | LC Time | Converted to SC | LC WA Pts | Date     | Meet  | Venue      | Licence  | Level |
|-----------------------|---------|-----------------|-----------|----------|---|------------|----------|-------|
| 50 Freestyle          | 30.93   | 30.20           | 444       | 04/05/24 | SENW Regional Summer Championships 2024           | Manchester | NW240306 | 1     |
| 100 Freestyle         | 1:09.07 | 1:07.80         | 419       | 04/05/24 | SENW Regional Summer Championships 2024           | Manchester | NW240306 | 1     |
| 50 Breaststroke       | 46.91   | 46.20           | 240       | 11/02/23 | Lancashire County Age Groups & Championships 2023 | Liverpool  | NW230073 | 1     |
| 50 Butterfly          | 31.60   | 31.00           | 462       | 05/05/24 | SENW Regional Summer Championships 2024           | Manchester | NW240306 | 1     |
| 100 Butterfly         | 1:15.38 | 1:14.40         | 398       | 27/04/24 | SENW Regional Summer Championships 2024           | Manchester | NW240305 | 1     |
| 50 Backstroke         | 36.00   | 35.40           | 415       | 30/03/24 | Liverpool National Qualifier Meet 2024            | Liverpool  | NW240301 | 1     |
| 100 Backstroke        | 1:18.98 | 1:18.00         | 382       | 05/05/24 | SENW Regional Summer Championships 2024           | Manchester | NW240306 | 1     |
| 200 Backstroke        | 2:52.53 | 2:50.60         | 363       | 10/02/24 | Lancashire County Championships 2024              | Manchester | NW240297 | 1     |
| 200 Individual Medley | 2:46.59 | 2:44.20         | 433       | 27/04/24 | SENW Regional Summer Championships 2024           | Manchester | NW240305 | 1     |

## Short Course

| Stroke                | SC Time | Converted to LC | SC WA Pts | Date     | Meet   | Venue     | License  | Level |
|-----------------------|---------|-----------------|-----------|----------|--|-----------|----------|-------|
| 50 Freestyle          | 30.87   | 31.50           | 409       | 13/04/24 | Leyland Barracudas Sprint Gala 2024            | Leyland   | NW240704 | 4     |
| 100 Freestyle         | 1:09.11 | 1:10.30         | 384       | 13/04/24 | Leyland Barracudas Sprint Gala 2024            | Leyland   | NW240704 | 4     |
| 200 Freestyle         | 2:42.09 | 2:44.20         | 315       | 01/10/23 | North Lancs S&WPA Level 2 Meet 2023            | Blackpool | NW231624 | 2     |
| 50 Breaststroke       | 43.10   | 43.80           | 285       | 19/11/23 | Leyland Barracudas ASC Club Championships 2023 | Leyland   | NW232520 | 4     |
| 100 Breaststroke      | 1:32.30 | 1:33.70         | 308       | 13/04/24 | Leyland Barracudas Sprint Gala 2024            | Leyland   | NW240704 | 4     |
| 50 Butterfly          | 32.06   | 32.60           | 439       | 23/06/24 | Wigan Best Future Stars June Meet 2024         | Wigan     | NW240734 | 3     |
| 100 Butterfly         | 1:16.23 | 1:17.20         | 356       | 13/04/24 | Leyland Barracudas Sprint Gala 2024            | Leyland   | NW240704 | 4     |
| 50 Backstroke         | 34.61   | 35.20           | 388       | 23/06/24 | Wigan Best Future Stars June Meet 2024         | Wigan     | NW240734 | 3     |
| 100 Backstroke        | 1:15.33 | 1:16.40         | 386       | 23/06/24 | Wigan Best Future Stars June Meet 2024         | Wigan     | NW240734 | 3     |
| 200 Backstroke        | 2:52.85 | 2:54.80         | 325       | 06/01/24 | Bobcats 'Last Chance County Qualifier' 2024    | Darwen    | NW240046 | 3     |
| 200 Individual Medley | 2:50.27 | 2:52.60         | 366       | 02/03/24 | Burnley Bobcats 2024                           | Darwen    | NW240098 | 3     |
| 100 Individual Medley | 1:18.61 | 1:18.60         | 371       | 13/04/24 | Leyland Barracudas Sprint Gala 2024            | Leyland   | NW240704 | 4     |