

Individual Best Times (All Time)

Mateusz Panowicz - (1452493) - Elmbridge Phoenix SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.26	26.50	451	24/03/24	Winchester Spring Qualifier 2024	Winchester	SE240331	1
50 Breaststroke	34.98	34.10	408	20/01/24	Surrey Age Group Championships 2024	Guildford	SE240476	1
100 Breaststroke	1:16.72	1:15.10	407	24/03/24	Winchester Spring Qualifier 2024	Winchester	SE240331	1
50 Butterfly	29.19	28.50	444	24/03/24	Winchester Spring Qualifier 2024	Winchester	SE240331	1
100 Butterfly	1:08.25	1:07.10	380	23/09/23	Crawley SC Lis Hartley Open Meet L3 2023	Crawley	SE231515	3
50 Backstroke	34.31	33.70	323	23/09/23	Crawley SC Lis Hartley Open Meet L3 2023	Crawley	SE231515	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.56	27.30	437	18/11/23	Kingston Royal Autumn Open Meet 2023	Elmbridge Xcel	LR231514	3
100 Freestyle	59.63	1:01.00	425	13/01/24	Kingston Royals New Year County Qualifier Meet 202	Walton-on-Thames	LR240112	3
200 Freestyle	2:42.14	2:44.30	230	11/01/22	Elmbridge Phoenix Club Championship 2021	Cobham	SE220248	4
1500 Freestyle	23:19.90	23:34.60	221	18/12/21	Kingston Royals SC Inter-club Championships 2021	Walton-On-Thames	LR211558	4
50 Breaststroke	34.57	35.50	375	19/11/23	Kingston Royal Autumn Open Meet 2023	Elmbridge Xcel	LR231514	3
100 Breaststroke	1:15.75	1:17.40	388	09/12/23	National Arena Swimming League South R3 2023	Southampton	SE232575	3
200 Breaststroke	2:51.82	2:54.90	342	16/12/23	Amersham Swimming Club County Qualifier SC Meet	Amersham	SE232224	3
50 Butterfly	29.97	30.60	382	08/10/23	Elmbridge Phoenix Club Championships 2023	Walton on Thames	SE232057	4
100 Butterfly	1:08.99	1:10.10	332	05/03/23	Ealing SC Regional Qualifier Meet 2023	Northolt	LR230112	3
50 Backstroke	34.67	35.20	259	19/11/22	The Royals Autumn Open Meet 2022	Walton-on-Thames	LR221183	3
100 Backstroke	1:16.49	1:17.50	252	02/10/22	Maidenhead Marlins ASC Level 3	Maidenhead	SE221763	3
200 Backstroke	3:09.78	3:11.50	172	11/01/22	Elmbridge Phoenix Club Championship 2021	Cobham	SE220248	4
200 Individual Medley	2:31.12	2:33.70	381	14/01/24	Kingston Royals New Year County Qualifier Meet 202	Walton-on-Thames	LR240112	3
100 Individual Medley	1:09.91	1:09.90	350	17/09/23	Elmbridge Phoenix Club Championships 2023	Walton on Thames	SE232056	4