

Individual Best Times (All Time)

Samuel Parrish - (1451645) - Durham City ASC

Long Course

| Stroke | LC Time | Converted to SC | LC WA Pts | Date | Meet | Venue | Licence | Level |
|------------------|---------|-----------------|-----------|----------|---|------------|----------|-------|
| 50 Freestyle | 26.59 | 25.80 | 486 | 22/01/17 | City of Sunderland SC New Year Meet 2017 | Sunderland | NE170490 | 1 |
| 100 Freestyle | 59.64 | 58.20 | 485 | 09/07/16 | City of Sunderland Summer Splash 2016 | Sunderland | NE160857 | 3 |
| 200 Freestyle | 2:19.47 | 2:17.00 | 391 | 20/03/16 | City of Sunderland National Qualifier | Sunderland | NE160441 | 1 |
| 50 Breaststroke | 36.78 | 35.90 | 351 | 26/02/17 | Northumberland & Durham SA 2017 Championships | Sunderland | NE170190 | 1 |
| 100 Breaststroke | 1:25.66 | 1:24.20 | 292 | 17/01/16 | City of Sunderland New Year Meet | Sunderland | NE160356 | 1 |
| 200 Breaststroke | 3:08.73 | 3:05.90 | 293 | 16/01/16 | City of Sunderland New Year Meet | Sunderland | NE160356 | 1 |
| 50 Butterfly | 31.26 | 30.60 | 361 | 19/03/16 | City of Sunderland National Qualifier | Sunderland | NE160441 | 1 |
| 50 Backstroke | 33.53 | 32.90 | 346 | 19/03/16 | City of Sunderland National Qualifier | Sunderland | NE160441 | 1 |
| 100 Backstroke | 1:16.92 | 1:15.90 | 301 | 05/07/15 | City of Sunderland Summer Splash 2015 | Sunderland | NE151248 | 3 |
| 200 Backstroke | 2:53.75 | 2:51.80 | 267 | 04/07/15 | City of Sunderland Summer Splash 2015 | Sunderland | NE151248 | 3 |

Short Course

| Stroke | SC Time | Converted to LC | SC WA Pts | Date | Meet | Venue | License | Level |
|-----------------------|---------|-----------------|-----------|----------|--|---------------|----------|-------|
| 50 Freestyle | 25.88 | 26.70 | 472 | 20/11/16 | Durham City 2016 Autumn Meet | Durham | NE161173 | 4 |
| 100 Freestyle | 58.57 | 1:00.00 | 448 | 16/10/16 | DCASC Medley Challenge | Durham | NE161591 | 3 |
| 200 Freestyle | 2:14.05 | 2:16.60 | 407 | 18/09/16 | Richmond Dales Back to School Gala | Durham | NE161238 | 3 |
| 400 Freestyle | 6:10.94 | 6:14.70 | 187 | 15/12/13 | Durham City ASC Distance Time Trial | Durham | NE3916 | 4 |
| 50 Breaststroke | 35.08 | 36.00 | 359 | 17/09/16 | Richmond Dales Back to School Gala | Durham | NE161238 | 3 |
| 100 Breaststroke | 1:20.83 | 1:22.40 | 319 | 16/10/16 | DCASC Medley Challenge | Durham | NE161591 | 3 |
| 200 Breaststroke | 3:08.34 | 3:11.10 | 259 | 15/11/15 | Durham City Autumn Club Gala | Durham | NE152277 | 4 |
| 50 Butterfly | 30.96 | 31.60 | 346 | 28/04/19 | Durham City Club Gala Series 2019 - Gala - 1 | Freemans Quay | NE191918 | 4 |
| 100 Butterfly | 1:11.54 | 1:12.60 | 297 | 16/10/16 | DCASC Medley Challenge | Durham | NE161591 | 3 |
| 50 Backstroke | 32.64 | 33.20 | 310 | 17/09/16 | Richmond Dales Back to School Gala | Durham | NE161238 | 3 |
| 100 Backstroke | 1:12.23 | 1:13.30 | 299 | 16/10/16 | DCASC Medley Challenge | Durham | NE161591 | 3 |
| 200 Backstroke | 2:37.53 | 2:39.60 | 301 | 09/01/16 | Peterlee & Derwntside New Year Meet | Stanley | NE160161 | 3 |
| 200 Individual Medley | 2:32.08 | 2:34.70 | 374 | 16/10/16 | DCASC Medley Challenge | Durham | NE161591 | 3 |
| 100 Individual Medley | 1:11.35 | 1:11.30 | 329 | 20/11/16 | Durham City 2016 Autumn Meet | Durham | NE161173 | 4 |