

Individual Best Times (All Time)

Toby Blake - (1450095) - Cheltenham Phoenix Aquatics Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.69	28.00	387	17/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240063	1
100 Freestyle	1:02.77	1:01.40	416	16/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240062	1
200 Freestyle	2:35.75	2:33.50	280	14/01/23	Gloucestershire County Swimming Championships 2023	Bristol	SW230116	1
50 Breaststroke	42.99	42.30	219	25/11/23	Evesham SC L4 LC Experience Meet 2023	Coventry	WM232124	4
50 Backstroke	34.92	34.30	306	15/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240062	1
100 Backstroke	1:15.16	1:14.10	323	14/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240061	1
200 Backstroke	2:51.49	2:49.50	277	14/01/23	Gloucestershire County Swimming Championships 2023	Bristol	SW230116	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.97	29.70	336	02/12/23	Cheltenham Phoenix AC 2023 Club Championships	Cheltenham	SW232348	4
100 Freestyle	1:02.15	1:03.50	375	16/12/23	Cheltenham Phoenix AC 2023 Club Championships	Cheltenham	SW232351	4
200 Freestyle	2:29.49	2:31.80	293	03/07/22	Gloucester City Swimming Club Summer L3 Open Meet	Gloucester	SW220614	3
400 Freestyle	6:10.41	6:14.20	188	02/12/21	Cheltenham Phoenix AC Club Championships 2021	Cheltenham	SW211469	4
50 Breaststroke	42.53	43.30	201	02/12/23	Cheltenham Phoenix AC 2023 Club Championships	Cheltenham	SW232348	4
50 Butterfly	41.04	41.50	148	14/11/21	Cheltenham Phoenix AC Club Championships 2021	Cheltenham	SW211341	4
50 Backstroke	33.93	34.50	276	03/12/23	Cheltenham Phoenix AC 2023 Club Championships	Cheltenham	SW232348	4
100 Backstroke	1:16.32	1:17.40	253	19/11/22	Cheltenham Phoenix Club Championships 2022	Cheltenham	SW222239	4
200 Backstroke	2:45.81	2:47.80	258	20/11/22	Cheltenham Phoenix Club Championships 2022	Cheltenham	SW222239	4
100 Individual Medley	1:15.24	1:15.20	280	03/12/23	Cheltenham Phoenix AC 2023 Club Championships	Cheltenham	SW232348	4