

Individual Best Times (All Time)

Ashton Willmott - (1448142) - Eastbourne SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.02	26.20	463	25/02/24	Sussex County ASA County Championships	Crawley	SE240244	1
100 Freestyle	59.55	58.10	487	23/03/24	Guildford City L1 Spring Open Meet 2024	Guildford	SE240177	1
200 Freestyle	2:12.13	2:09.50	460	25/02/23	Sussex County & Age Group Championships 2023	Crawley	SE230305	1
400 Freestyle	4:56.14	4:51.40	410	25/02/24	Sussex County ASA County Championships	Crawley	SE240244	1
800 Freestyle	10:14.80	10:05.30	397	29/01/23	Sussex County & Age Group Championships 2023	Crawley	SE230302	1
100 Breaststroke	1:27.26	1:25.80	276	23/09/23	Crawley SC Lis Hartley Open Meet L3 2023	Crawley	SE231515	3
50 Butterfly	31.66	31.10	348	11/02/23	Sussex County & Age Group Championships 2023	Crawley	SE230304	1
50 Backstroke	31.18	30.50	430	26/02/23	Sussex County & Age Group Championships 2023	Crawley	SE230305	1
100 Backstroke	1:07.59	1:06.40	444	24/03/24	Guildford City L1 Spring Open Meet 2024	Guildford	SE240177	1
200 Backstroke	2:26.74	2:24.50	443	07/04/24	Crawley Spring L1 Open Meet LC 2024	Crawley	SE240321	1
200 Individual Medley	2:34.17	2:31.60	404	10/02/24	Sussex County ASA County Championships	Crawley	SE240243	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.71	26.50	482	14/01/24	Brighton SC Tom Handley Open Meet 2024	Prince Regent	SE240042	3
100 Freestyle	56.36	57.80	503	04/11/23	Eastbourne SC 2023 Club Championships	Eastbourne	SE230505	4
200 Freestyle	2:06.36	2:09.10	486	16/07/23	Mid Sussex Marlins L3 End of Season Open Meet 2023	West Sussex	SE231138	3
400 Freestyle	4:36.42	4:41.40	452	17/06/23	Eastbourne SC 2023 Club Championships	Eastbourne	SE230504	4
800 Freestyle	9:57.96	10:07.60	407	18/11/22	Eastbourne SC Club Championships	Eastbourne Col	SE220274	4
1500 Freestyle	19:08.84	19:26.70	400	25/11/22	Eastbourne SC Club Championships	Eastbourne Col	SE220275	4
50 Breaststroke	35.51	36.40	346	16/09/23	Brighton SC Ken Deeley Open Meet 2023	Brighton	SE230801	3
100 Breaststroke	1:16.03	1:17.70	384	15/06/24	Eastbourne SC Club Championships	Eastbourne	SE240338	4
50 Butterfly	28.79	29.40	431	30/06/24	Atlantis Summer Splash 2024	Horsham	SE240295	3
100 Butterfly	1:04.89	1:06.00	399	30/06/24	Atlantis Summer Splash 2024	Horsham	SE240295	3
50 Backstroke	29.35	30.00	427	04/11/23	SE South East Regional Winter Championships 2023	Winchester	SE232053	2
100 Backstroke	1:03.15	1:04.40	448	14/10/23	National Arena Swimming League South R1 2023	Crawley	SE231986	4
200 Backstroke	2:21.68	2:24.00	414	29/06/24	Atlantis Summer Splash 2024	Horsham	SE240295	3
200 Individual Medley	2:27.16	2:29.80	413	15/07/23	Mid Sussex Marlins L3 End of Season Open Meet 2023	West Sussex	SE231138	3
100 Individual Medley	1:06.91	1:06.90	399	22/04/23	Eastbourne SC 2023 Club Championships	Eastbourne	SE230503	4