

# Individual Best Times (All Time)

Oliver Howard - (1447365) - Douglas SC

## Short Course

| Stroke         | SC Time | Converted to LC | SC WA Pts | Date     | Meet   | Venue                | License  | Level |
|----------------|---------|-----------------|-----------|----------|--|----------------------|----------|-------|
| 50 Freestyle   | 27.86   | 28.60           | 378       | 25/11/23 | Utmost IOM Swimming Championships 2023             | Douglas, Isle of Man | NW232560 | 3     |
| 50 Butterfly   | 30.73   | 31.30           | 354       | 23/03/24 | Utmost Spring Open Meet 2024                       | Douglas, Isle of Man | NW240839 | 3     |
| 50 Backstroke  | 31.78   | 32.40           | 336       | 09/12/23 | IoM Utmost Int'l League Match Winter Series 2023-4 | Douglas, IoM         | NW232391 | 3     |
| 100 Backstroke | 1:11.57 | 1:12.70         | 307       | 14/10/23 | IoM Utmost Int'l League Match Winter Series 2023-4 | Douglas, IoM         | NW232390 | 3     |