

Individual Best Times (All Time)

Marshall Golder - (1444004) - Hinckley SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.71	28.00	386	24/03/24	Corby ASC Annual LC Open Meet 2024	Corby	EM240206	3
100 Freestyle	1:03.09	1:01.80	409	24/03/24	Corby ASC Annual LC Open Meet 2024	Corby	EM240206	3
200 Freestyle	2:27.93	2:25.60	327	02/07/23	City of Coventry SC Graham Sykes Open Meet 2023	Coventry	WM230314	3
400 Freestyle	6:11.71	6:07.90	207	03/07/22	City of Coventry SC Graham Sykes Meet 2022	Coventry	WM220693	3
50 Breaststroke	39.31	38.50	287	14/05/23	East Midlands Regional LC Championships 2023	Corby	EM230743	1
100 Breaststroke	1:29.22	1:27.80	259	02/07/23	City of Coventry SC Graham Sykes Open Meet 2023	Coventry	WM230314	3
200 Breaststroke	3:43.05	3:40.70	178	03/07/22	City of Coventry SC Graham Sykes Meet 2022	Coventry	WM220693	3
50 Butterfly	29.45	28.80	432	06/05/24	SE East Midlands Regional LC Championships 2024	Derby	EM240623	1
50 Backstroke	31.48	30.80	418	06/05/24	SE East Midlands Regional LC Championships 2024	Derby	EM240623	1
100 Backstroke	1:08.24	1:07.10	432	21/04/24	SE East Midlands Regional LC Championships 2024	Corby	EM240622	1
200 Backstroke	2:27.17	2:24.90	439	04/05/24	SE East Midlands Regional LC Championships 2024	Derby	EM240623	1
200 Individual Medley	2:29.79	2:27.10	440	06/05/24	SE East Midlands Regional LC Championships 2024	Derby	EM240623	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.74	28.50	383	04/02/24	Leicestershire County Age Groups & Champs 2024	Hinckley LC	EM240051	2
100 Freestyle	59.30	1:00.70	432	19/05/24	Hinckley SC Open Meet 2024	Hinckley	EM240488	3
200 Freestyle	2:16.46	2:19.00	386	16/06/24	Hinckley SC Time Trial June 2024	Hinckley	EM240982	4
400 Freestyle	5:05.18	5:09.70	336	28/10/23	Leicester Sharks CSC Trick or Treat Meet 2023	Nuneaton	EM230946	3
50 Breaststroke	38.06	38.90	281	06/04/24	Chesterfield SC Spring Meet 2024	Matlock	EM240389	3
100 Breaststroke	1:19.68	1:21.20	333	16/06/24	Hinckley SC Time Trial June 2024	Hinckley	EM240982	4
50 Butterfly	29.12	29.80	416	27/01/24	Leicestershire County Age Groups & Champs 2024	Hinckley LC	EM240050	2
100 Butterfly	1:08.28	1:09.40	342	06/04/24	Chesterfield SC Spring Meet 2024	Matlock	EM240389	3
50 Backstroke	30.49	31.10	381	11/02/24	Leicestershire County Age Groups & Champs 2024	Hinckley LC	EM240052	2
100 Backstroke	1:04.41	1:05.60	422	03/02/24	Leicestershire County Age Groups & Champs 2024	Hinckley LC	EM240051	2
200 Backstroke	2:25.16	2:27.40	385	16/12/23	Hinckley SC Last Chance Saloon 2023	Hinckley	EM232282	4
200 Individual Medley	2:24.60	2:27.30	435	27/01/24	Leicestershire County Age Groups & Champs 2024	Hinckley LC	EM240050	2
400 Individual Medley	5:17.64	5:23.10	403	04/02/24	Leicestershire County Age Groups & Champs 2024	Hinckley LC	EM240051	2
100 Individual Medley	1:05.69	1:05.70	422	11/02/24	Leicestershire County Age Groups & Champs 2024	Hinckley LC	EM240052	2