

Individual Best Times (All Time)

Leighton Downings - (1439280) - Leek ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	33.32	32.70	247	02/05/22	West Midlands Region 2022 Regional Championships	Coventry	WM220504	1
100 Freestyle	1:11.13	1:09.90	285	07/05/22	West Midlands Region 2022 Regional Championships	Coventry	WM220505	1
200 Freestyle	2:42.26	2:40.10	248	03/07/22	City of Coventry SC Graham Sykes Meet 2022	Coventry	WM220693	3
400 Freestyle	5:35.73	5:31.50	281	24/07/21	West Midlands Region Festival of Swimming 2021	Coventry	WM210217	1
1500 Freestyle	22:21.02	22:05.50	274	02/05/22	West Midlands Region 2022 Regional Championships	Coventry	WM220504	1
50 Breaststroke	45.56	44.90	184	03/07/22	City of Coventry SC Graham Sykes Meet 2022	Coventry	WM220693	3
100 Breaststroke	1:41.10	1:39.80	178	03/07/22	City of Coventry SC Graham Sykes Meet 2022	Coventry	WM220693	3
200 Breaststroke	3:31.51	3:29.00	208	01/05/22	West Midlands Region 2022 Regional Championships	Coventry	WM220504	1
50 Butterfly	41.45	41.00	155	02/07/22	City of Coventry SC Graham Sykes Meet 2022	Coventry	WM220693	3
100 Backstroke	1:33.56	1:32.70	167	02/07/22	City of Coventry SC Graham Sykes Meet 2022	Coventry	WM220693	3
200 Backstroke	3:13.71	3:12.00	192	02/07/22	City of Coventry SC Graham Sykes Meet 2022	Coventry	WM220693	3
200 Individual Medley	3:09.39	3:07.30	218	24/07/21	West Midlands Region Festival of Swimming 2021	Coventry	WM210217	1
400 Individual Medley	6:28.71	6:24.20	242	01/05/22	West Midlands Region 2022 Regional Championships	Coventry	WM220504	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.33	32.00	266	18/09/21	Derek Taylor Memorial Gala 2021	Stoke on Trent	WM210342	3
100 Freestyle	1:09.21	1:10.40	271	16/10/21	Chase Roebuck Level 3 Open Meet 2021	Walsall	WM210799	3
200 Freestyle	2:32.93	2:35.20	274	09/04/22	City of Stoke on Trent SC Y2KI Gala 2022	Stoke on Trent	WM220256	3
400 Freestyle	5:28.46	5:32.70	269	27/02/22	Staffordshire ASA County Championships 2022	Stafford	WM220149	2
800 Freestyle	11:11.63	11:20.20	287	13/02/22	Staffordshire ASA County Championships 2022	Stafford	WM220148	2
1500 Freestyle	21:13.57	21:29.70	294	08/01/22	Staffordshire ASA County Qualifier 2022	Stafford	WM220147	3
50 Breaststroke	42.14	42.90	207	10/04/22	City of Stoke on Trent SC Y2KI Gala 2022	Stoke on Trent	WM220256	3
100 Breaststroke	1:30.23	1:31.60	229	13/03/22	Wyre Forest Spring off the Blocks	Wolverhampton	WM220506	3
200 Breaststroke	3:11.74	3:14.50	246	12/02/22	Staffordshire ASA County Championships 2022	Stafford	WM220148	2
50 Butterfly	44.63	45.10	115	06/07/21	Cheadle ASC	Leek	LEX2977	0
100 Butterfly	1:32.51	1:33.30	137	09/01/22	Staffordshire ASA County Qualifier 2022	Stafford	WM220147	3
50 Backstroke	42.73	43.20	138	14/03/20	Wyre Forest Spring Splash Regional Qualifier	Wolverhampton	WM200395	3
100 Backstroke	1:25.61	1:26.50	179	09/01/22	Staffordshire ASA County Qualifier 2022	Stafford	WM220147	3
200 Backstroke	2:58.78	3:00.60	206	09/04/22	City of Stoke on Trent SC Y2KI Gala 2022	Stoke on Trent	WM220256	3
200 Individual Medley	2:56.23	2:58.50	240	10/04/22	City of Stoke on Trent SC Y2KI Gala 2022	Stoke on Trent	WM220256	3
400 Individual Medley	6:07.96	6:12.70	259	09/01/22	Staffordshire ASA County Qualifier 2022	Stafford	WM220147	3
100 Individual Medley	1:22.18	1:22.20	215	13/03/22	Wyre Forest Spring off the Blocks	Wolverhampton	WM220506	3